



A' ORTHOPAEDIC
DEPARTMENT

"G. GENNIMATAS" GENERAL HOSPITAL OF ATHENS

B' ORTHOPAEDIC
DEPARTMENT

KAT GENERAL HOSPITAL OF ATTICA



ATC

ATHENS TRAUMA COURSE

at

ATC



05 & 06 SEPTEMBER 2026

International
Faculty

Pelvis & Lower
Limb

Hands on
Practice

PROGRAM



VENUE

A 35 Sorou Str., Maroussi, Athens - Greece T +30 210 6109992 • E op@attcenter.eu • W www.attcenter.eu

Welcome Note

The A' Orthopedic Department of "G. Gennimatas" General Hospital of Athens and the B' Orthopaedic Department of "KAT" General Hospital of Attica are organizing the **first Athens Trauma Course**, which will be held at the **Athens Trauma Training Center (ATTC)** on **September 5&6, 2026**.

The primary objective of this course is to explore complex cases in orthopedic trauma, drawing on the collective expertise of the two departments and incorporating the latest evidence from contemporary research. The program will include oral presentations, interactive discussions of real clinical cases, and hands-on cadaveric practice sessions. Each oral presentation will focus on the fundamental principles of approaching and internally fixing intra-articular fractures. Following these presentations, participants will engage in discussions based on real-life case scenarios, collectively determining the most appropriate treatment strategies for each case. Subsequently, cadaveric practice sessions will provide participants with the opportunity to apply selected surgical approaches and fixation techniques.

This course is designed for orthopedic surgery residents and early-career orthopedic surgeons with a special interest in orthopedic trauma. Participants will gain in-depth knowledge of advanced intra-articular fracture management of the lower limb, with particular emphasis on pelvic and acetabular fractures.

The program is supported by distinguished international faculty and expert instructors who will share their experience through focused lectures, case-based discussions, and hands-on cadaveric training. Through this comprehensive educational format, participants will refine both their decision-making and surgical skills in the management of these challenging injuries"

Course Directors

K. Kateros & S. Papadakis

Organizers

Program

Saturday 5 September 2026

08:15 - 08:30

Registration

08:30 - 08:45

Welcome Address

08:45 - 09:30

Pelvic Ring Injuries

Moderators: **S. Darmanis** - **L. Oikonomou**

Aula Hall
2nd floor

Surgical anatomy

E. Liodakis

Classification (Tile - Young Burgess)

S. Darmanis

Indications for anterior and posterior stabilization

N. Kanakaris

Discussion

09:30 - 0:15

Acetabular Fractures

Moderators: **P. Giannoudis** - **N. Prevezas**

Aula Hall
2nd floor

Surgical anatomy

P. Giannoudis

Judet-Letournel classification

C. Pape

Decision-making algorithm

N. Prevezas

Discussion

10:30 - 10:50

Coffee Break

Organizers

Program

Saturday 5 September 2026

10:50 - 11:40	Review of Surgical Approaches Moderators: N. Kanakaris - E. Liodakis Stoppa approach (Anterior intrapelvic) N. Kanakaris Ilioinguinal approach S. Pneumáticos Kocher-Langenbeck approach S. Papadakis Pubic symphysis approach (Pfannenstiel) E. Liodakis Discussion	Aula Hall 2 nd floor
11:40 - 12:00	Safety Instructions & Cadaver Lab Organization	
12:00 - 12:45	Light Lunch	
13:00 - 17:30	Hands On Session	Vitruvian Lab Lower ground floor
17:30 - 18:30	Special Topics Moderators: G. Macheras - L. Oikonomou Osteoporotic acetabular fractures C. Pape Combined pelvic + acetabular injuries P. Giannoudis Complications & prevention N. Prevezas Total hip arthroplasty (THA) after acetabular fracture G. Macheras	Aula Hall 2 nd floor
18:30	Summary - End of first day	

Organizers

Program

Sunday 6 September 2026

09:00 - 10:00

Distal Tibial and Ankle

Moderators: **K. Kateros – N. Manolis**

Aula Hall
2nd floor

pre recorded



Approaches to the Distal Tibia and Ankle

N. Patsiogiannis

Bimalleolous Fractures, Fixation, Results, Limitations

A. Eleftheropoulos

Posterior Malleolus Fracture. When and How to Fix it

T. Badekas

Pilon Fractures, Fixation Techniques

N. Zacharakis

Syndesmosis button

V. Psychogyios

Case Discussion:

D. Koulalis – P. Stavlas

10:00 - 13:00

Hands On Session

Vitruvian Lab
Lower ground floor

- Anterior Plate Fixation
- Anteromedial Plate Fixation
- Posterior Plate Fixation
- Lateral Malleolus Fixation
- Tight Rope Tibiofibular Fixation

13:00 - 14:00

Light Lunch

Organizers

Program

Sunday 6 September 2026

14:00 - 15:00

Proximal Tibia

Moderators: **K. Kokorogiannis - M. Kapiris**

Aula Hall
2nd floor

Approaches to the proximal tibia

D. Palis

Classification based treatment of proximal tibia plateau fractures

A. Tilentzoglou

Proximal tibia fixation techniques

K. Kokorogiannis

External fixation of proximal tibia fractures. Indications and results

K. Giannikas

15:00 - 16:00

Proximal Femur - Distal Femur

Moderators: **N. Patsiogiannis - K. Lampropoulou**

Aula Hall
2nd floor

Fractures of the femoral head. Approaches and fixation techniques

H. Dinopoulos

Femoral neck fractures in young patients. Internal fixation or arthroplasty: Indications, Results, Limitations

L. Poultsides

Distal Femur Approaches. Lateral, Anterior, Medial

G. Thivaos

IMN of Distal Femur Fractures. Indications, Techniques, Results

C. Garnavos

Orif of Distal Femoral fractures. Single or Double plating. Indications and Results

N. Kanakaris

Distal Femoral nonunion after fixation. How to deal with it

P. Giannoudis

Case Discussion

P. Koulouvaris - A. Mourikis

Organizers

Program

Sunday 6 September 2026

16:00 - 16:30	Coffee Break
16:30 - 18:00	Hands On Session Vitruvian Lab Lower ground floor • Distal femoral fracture • Lateral Plateau Plate Fixation • Medial Plateau Plate Fixation • Posterior Plateau Plate Fixation
18:00	Summary - End of second day

Organizers

Faculty

Athanasios Badekas, MD

Director, 3rd Orthopaedic Clinic Henry Dunant Hospital, President Elect of Hellenic Association of Orthopaedic Surgery and Traumatology, Athens, Greece

Spyridon Darmanis, MD, MSc, PhD

Director, Orthopaedic Clinic, Mediterraneo Hospital, Department of Pelvic Surgery and Revision Hip Surgery, Athens, Greece

Alexandros Eleftheropoulos

Foot and Ankle Orthopaedic Consultant, Head of Orthopaedic Department Naousa's General Hospital, Central Macedonia, Greece

Christos Garnavos

Director of Orthopaedic and Trauma Department, General Hospital of Athens, Evangelismos", Greece

Konstantinos Garnavos, PhD, FRCS, FEBOT

Director, 1st Orthopaedic Department, "G. Gennimatas" General Hospital of Athens, Greece

Peter Giannoudis

Professor - Section Head, Trauma & Orthopaedic Surgery, School of Medicine, University of Leeds, UK, Editor in Chief Injury, Editor in Chief Trauma Case Reports, President ESTROT Society, Chair Global Research Commission AO Foundation, President Day One Charity

Nikolaos Kanakaris

Clinical Director of LEEDS Major Trauma Centre, Honorary Associate Professor, Leeds Teaching Hospitals NHS Trust

Matthaios Kapiris

Orthopaedic Surgeon, Iaso General Hospital, Athens, Greece

Konstantinos Kateros, MD, MSc, PhD, FIOTA, Orthopaedic Surgeon, Director, 1st Orthopaedic Department, General Hospital of Athens "G. Gennimatas", Greece, HAOST Past President 2025

Konstantinos Kokorogiannis, MD, PhD

Orthopaedic Surgeon, Director of 5th Orthopaedic Department, KAT General Hospital of Attica, Athens, Greece

Dimitrios Koulalis, MD, PhD

Assistant Professor in Orthopaedic Surgery, Consultant in Orthopaedic Surgery, 1st Orthopaedic Department National Kapodistrian University of Athens, "Attikon" University Hospital, Athens, Greece

Panagiotis Koulouvaris, MD, PhD

Consultant Orthopaedic Surgeon, Associate Professor Medical School, University of Athens, 1st Orthopaedic Clinic, "ATTIKON" General University Hospital, Greece

Kalliopi Lampropoulou-Adamidou, MD, MSc, PhD

Consultant Orthopaedic Surgeon, General Hospital of Athens "KAT", Greece

Emmanouil Liodakis

Chair, Department of Trauma, Hand and Reconstructive Surgery, Saarland University Medical Center, Homburg, Germany

Georgios Macheras, MD

Director, 7th Orthopaedic Department, Henry Dunant Hospital, Athens, Greece

Nikolaos Manolis

Orthopaedic Surgeon, 1st Orthopaedic Department, "G. Gennimatas" Athens General Hospital, Greece

Organizers

Faculty

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Orthopaedic Surgeon, 3rd Orthopaedic
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Haralampos Ntinopoulos
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"Asklepieio", Athens, Greece

Leon Oikonomou, MD
Orthopaedic Surgeon, 1st Orthopaedic
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Hospital, Greece

Stamatios Papadakis
Consultant Orthopaedic Surgeon, 2nd
Orthopaedic Department, KAT General Hospital
of Attica, Athens, Greece, HAOST Past President
2018

Hans Christopher Pape, MD, FACS, FEBS,
FAAOS, FAOA
Professor, Chairman, Department of Trauma,
University Hospital Zurich, Switzerland

Nikolaos Patsiogiannis
Orthopaedic Surgeon, Athens General Hospital
"G. Gennimatas", Greece

Spiros G. Pneumaticos, MD, PhD, FAAOS
Professor and Chairman of 3rd Department of
Orthopaedic Surgery, National and Kapodistrian
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Lazaros Poultsides
Assistant Professor of Orthopaedics, Aristotle
University of Thessaloniki, Greece

Nikolaos Prevezas
Orthopaedic Surgeon, Director of Orthopaedic
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Vasileios Psychogyios, MD, PhD
Consultant Orthopaedic Surgeon, Director, 5th
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Panagiotis Stavlas
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General Hospital "Thriasio", Greece

Georgios Thivaos
Director, Orthopaedic Department "Laiko"
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Anastasia Tilentzoglou
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Nikolaos Zacharakis
Consultant Orthopaedic Surgeon, Chairman of
2nd Orthopaedic Department, "G. Gennimatas"
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Organizers

General Information

Venue



ANATOMY TECHNIQUES AND TRAINING CENTER. The ATT Center is dedicated to practical courses on all ranges of the medical sector, as well as surgical techniques on cadavers. The facility offers surgeons of all medical specialties and nurses the most suitable space and equipment for developing and expanding their medical and surgical experience. The Centre covers 1000 m², has 2 laboratories with a total of 18 working stations, a conference hall located on the second floor that can accommodate up to 100 people and fully equipped separate seminar rooms

Official Language

English is the official language of the course. There will be no simultaneous translation.

Secretariat Operating Hours

Saturday 5 September 2026	08.00 - 17.00
Sunday 6 September 2026	08.30 - 16.30

Admission Badges

The badge should be worn by all participants and members of the faculty, at all times during the course

Certificate of Attendance

Participants can receive their certificate of attendance via email. To receive the certificate of attendance it is mandatory for each participant to complete the evaluation sent to them via email by the secretariat.

Climate and Clothing

During September, the temperature in Athens ranges from 28 to 35 degrees Celsius (83 F to 95 F) and is getting cooler during the nights. The dress code is of individual choice and variable, from casual to sporty, according to personal preference.

Electrical Supply

Voltage in Greece is 220 V, at a frequency of 50 Hz. Plugs are continental style, two-pin. A plug adaptor should be taken along incompatible electric / electronic gadgets to be used.

Emergencies

Whilst in Greece, you may seek any help you might need (police, ambulance, fire brigade, coast guard) by ringing the number 112, from anywhere in Greece. The number is answered by English-speaking staff and may be dialed from public telephones or mobile telephones.

Please note, the registration fee does not include medical or any other insurance. In emergency cases, medical services in Greece will be provided at nominal fees, under the National Health Service auspices. However, no transportation to the delegate's home country would be provided.

In case of emergencies, please talk to members of the organizing committee or the course secretariat for immediate attendance.

Organizers



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