



An ESSKA 'All about..' Surgical-Skills Course

All about rotator cuff course

26-27 June 2026

Athens, Greece



VENUE

ATT Center A 35 Sorou Str., Maroussi, Athens - Greece • T +302106109992 • E op@attcenter.eu • W www.attcenter.eu



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PROGRAMME

Friday 26 June 2026

07:45 – 08:00 Welcome and Registration

THEORETICAL SESSION I

08:00 – 08:05 Welcome

08:05 - 08:10 Course scope and introduction

08:10 - 08:20 Subacromial Decompression and DCE

08:20 - 08:30 Biceps tenotomy or tenodesis. When and how

08:30 – 08:40 SN release

08:40 – 09:00 Discussion

09:00 - 09:15 Coffee Break

HANDS ON SESSION I **9 working stations**

09:15 - 12:15 Biceps Tenodesis / SSC repair with anchors / Acromioplasty

12:15 - 13:15 Lunch break

THEORETICAL SESSION II

13:15 - 13:25 Partial Thickness RC tears

13:25 - 13:35 Anterosuperior RC tears

13:35 - 13:45 Posterosuperior RC tears

13:45 - 13:55 Methods of fixation (Single Row / Double Row / Transosseous)



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13:55 - 14:15 Discussion

14:15 – 14:30 Coffee break

HANDS ON SESSION II 9 working stations

14:30 - 17:30 SS and IS repair with anchors / DCE / SN release

17:30 Adjourn

Saturday 27 June 2026

THEORETICAL SESSION III

08:30 - 08:40 Definition of Irreparable RC tears and methods of treatment

08:40 - 08:50 Partial Repair is the gold standard.

08:50 – 09:00 SCR/SCR with Biceps/Balloon

09:00 - 09:10 Tendon Transfers

09:10 - 09:20 Enhancing biology

09:20 - 09:40 Discussion

09:40 - 10:05 Coffee Break

HANDS ON SESSION III 9 working stations

10:05 - 12:50 Graft Fixation / Lower Trapezius Transfer harvesting

12:50 - 13:00 Closure and Evaluation