



An ESSKA 'All about..' Surgical-Skills Course

All about rotator cuff course

26-27 June 2026

Athens, Greece



VENUE

ATT Center A 35 Sorou Str., Maroussi, Athens - Greece • T +302106109992 • E op@attcenter.eu • W www.attcenter.eu



Learning objectives

The learning objectives of the course are to cover the techniques that the orthopedic surgeon needs to be able to perform in order to diagnose and treat rotator cuff pathology, ranging from arthroscopic debridement and subacromial decompression to rotator cuff repair techniques including single-row, double-row, and transosseous-equivalent repairs, as well as management of partial-thickness tears, massive and irreparable cuff tears, superior capsule reconstruction (SCR), tendon transfers (latissimus dorsi and lower trapezius), and finally reverse total shoulder arthroplasty for cuff tear arthropathy.

Course Chairmen



Dr. Emmanouil Brilakis
Brilakis Orthopaedics
at Athens Medical Center,
Athens, **Greece**



Dr. Konstantinos Raptis
Hygeia Hospital,
Athens, **Greece**

Faculty



Emmanouil Antonogiannakis
Hygeia Hospital,
Athens, **Greece**



Achilleas Boutsiadis
401 General Military Hospital &
Bioclinic of Athens, **Greece**



Anastasios Deligeorgis
Hygeia Hospital,
Athens, **Greece**



Ilias Galanopoulos
401 General Military Hospital,
Athens, **Greece**



Baris Kocaoglu
ESSKA Academy Chair, Aci-
badem University, **Turkey**



Zinon Kokkalis
University of Patras,
Greece



Panagiotis Pantos
Athens Medical Center,
Greece



Christos Koukos
St. Josef Hospital Wuppertal,
Germany



Miguel Ruiz Iban
Hospital Universitario Ramón
y Cajal Unidad de Hombro y
Codo, **Spain**



Ion Andrei Popescu
Romanian Shoulder Institute,
Orthopedicum, **Romania**

PROGRAMME

Friday, 26 June 2026

07:45 - 08:00 Welcome and Registration

THEORETICAL SESSION I

08:00 - 08:05 Welcome
E. Brilakis

08:05 - 08:10 Course scope and introduction
K. Raptis

08:10 - 08:20 Subacromial decompression and DCE
P. Pantos

08:20 - 08:30 Biceps tenotomy or tenodesis. When and how
A. Deligeorgis

08:30 - 08:40 SN release
C. Koukos

08:40 - 09:00 Discussion

09:00 - 09:15 Coffee Break

HANDS ON SESSION I - 9 working stations

09:15 - 12:15 Biceps Tenodesis / SSC repair with anchors / Acromioplasty

12:15 - 13:15 Lunch break

THEORETICAL SESSION II

13:15 - 13:25 Partial thickness RC tears
A. BoutsiaDES

13:25 - 13:35 Anterosuperior RC tears
I. A. Popescu

13:35 - 13:45 Posterosuperior RC tears
B. Kocaoglu

13:45 - 13:55 Methods of fixation (Single Row / Double Row / Transosseous)
M. Antonogiannakis

13:55 - 14:15 Discussion

HANDS ON SESSION II - 9 working stations

14:30 - 17:30 SS and IS repair with anchors / DCE / SN release

17:30 Adjourn

PROGRAMME

Saturday, 27 June 2026

THEORETICAL SESSION III

- 08:30 - 08:40** Definition of irreparable RC tears and methods of treatment
Z. Kokkalis
- 08:40 - 08:50** Partial repair is the gold standard
E. Brilakis
- 08:50 - 09:00** SCR/SCR with Biceps/Balloon
I. Galanopoulos
- 09:00 - 09:10** Tendon transfers
K. Raptis
- 09:10 - 09:20** Enhancing biology
M. R. Iban
- 09:20 - 09:40** Discussion

09:40 - 10:05 Coffee Break

HANDS ON SESSION III - 9 working stations

- 10:05 - 12:50** Graft Fixation / Lower Trapezius Transfer harvesting
- 12:50 - 13:00** Closure and Meeting Evaluation

General Information

Venue



ANATOMY TECHNIQUES AND TRAINING CENTER.

The ATT Center is dedicated to practical courses on all ranges of the medical sector, as well as surgical techniques on cadavers. The facility offers surgeons of all medical specialties and nurses the most suitable space and equipment for developing and expanding their medical and surgical experience. The Centre covers 1000 m², has 2 laboratories with a total of 18 working stations, a conference hall located on the second floor that can accommodate up to 100 people and fully equipped separate seminar rooms

Official Language

English is the official language of the course. There will be no simultaneous translation.

Secretariat Operating Hours

Friday, June 26, 2026	07:30 - 16:00
Saturday, June 27, 2026	08:00 - 13:00

Admission Badges

The badge should be worn by all participants and members of the faculty, at all times during the course

Certificate of Attendance

Participants can receive their certificate of attendance via email. To receive the certificate of attendance it is mandatory for each participant to complete the evaluation sent to them via email by the secretariat.

Climate and Clothing

During June, the temperature in Athens ranges from 28 to 35 degrees Celsius (83 F to 95 F) and is getting cooler during the nights. The dress code is of individual choice and variable, from casual to sporty, according to personal preference.

Electrical Supply

Voltage in Greece is 220 V, at a frequency of 50 Hz. Plugs are continental style, two-pin. A plug adaptor should be taken along incompatible electric / electronic gadgets to be used.

Emergencies

Whilst in Greece, you may seek any help you might need (police, ambulance, fire brigade, coast guard) by ringing the number 112, from anywhere in Greece. The number is answered by English-speaking staff and may be dialed from public telephones or mobile telephones.

Please note, the registration fee does not include medical or any other insurance. In emergency cases, medical services in Greece will be provided at nominal fees, under the National Health Service auspices. However, no transportation to the delegate's home country would be provided.

In case of emergencies, please talk to members of the organizing committee or the course secretariat for immediate attendance.



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