

Organizer

OSTEON

EDUCATION CENTER

Co-Organizer



ATHENS  
MEDICAL  
GROUP

40

YEARS  
ALWAYS ONE STEP  
AHEAD

12-13  
SEPTEMBER  
2025

the  
**OSTEON ORTHO  
& SPINE COURSE**  
3<sup>rd</sup> Annual Hands-On Course

**AITC**

VENUE

▲ 35 Sorou Str., Maroussi, Athens - Greece T +302106109992 • E op@attcenter.eu • W www.attcenter.eu



## WELCOME ADDRESS

---

Dear colleagues,

It is a great pleasure to welcome you to **“The Osteon Ortho & Spine Course”** 3<sup>rd</sup> Annual Hands-on Cadaveric Course that will take place in Athens ATTC on 12&13 September 2025.

Orthopedics, as well as Spine surgery, has evolved impressively over the last few years and decades to accommodate patients’ and healthcare stakeholders’ needs for more efficient and less disruptive interventions. That led Minimally Invasive Surgery to become the standard of care; hence this course will emphasize this specific field, but it will also include the essential surgical knowledge and techniques of surgeons’ everyday practice.

The scientific program is structured to include sort-focused lectures, case-based discussions, and -of course- hands-on practice on cadavers. The faculty consists of esteemed fellowship-trained colleagues both from Greece and abroad.

We will endeavor to deliver a high quality educational hands-on course for fellows and early carrier surgeons. Orthopedic-orientated colleagues will have the opportunity to attend both the Upper and Lower Limb theoretical sessions but will have to choose between them for the cadaveric sessions. Spine Surgeons and Neurosurgeons will attend the spine surgery sessions running in parallel.

We look forward to fulfilling your expectations for a well-spent portion of your valuable time.

**Osteon Education and Research Medical Center**

## SHOULDER / KNEE PROGRAM

DAY 1/12 September 2025

08:00 - 08:45      Registration  
Welcome Coffee

08:45 - 11:00      Hands – On Session – 8 Working Stations Shoulder & Knee | Basic  
Arthroscopy | Vesalius Lab **LEVEL 0**

### Introduction

Shoulder Arthroscopy: Basic anatomy and arthroscopic portals  
**I. Ntisos**

Knee Basic Arthroscopic Portals  
**A. Piskopakis**

### Instructors

Shoulder Stations:      **I. Galanopoulos, G. Mazis, I. Ntisos**

- Shoulder Arthroscopy
- Basic Anatomy and arthroscopic portals

Knee Stations:      **T. Kostakos, A. Kourtis, A. Piskopakis**

- Basic Anatomy
- Arthroscopic Portals

11:00 – 11:10      Coffee Break | Aula Hall **LEVEL 2**

11:10 - 12:05      Cartilage Repair | Aula Hall **LEVEL 2**

Moderators:      **N. Piskopakis, V. Sakellariou**

11:10 – 11:18      Innovative Techniques in Cartilage Repair: A Review of Microfracture  
and Autologous Chondrocyte Implantation (ACI)  
**P. Kouloumentas**

11:18 – 11:26      The Role of Stem Cell Therapy in Cartilage Regeneration: Current  
Evidence and Future Directions  
**A. Tokis**

11:26 – 11:34      Minced cartilage implantation for knee chondral lesions  
**M. Savvidis**



## SHOULDER / KNEE PROGRAM

DAY 1/12 September 2025

11:34 – 11:42 Navigating the Challenges of Cartilage Lesions in the Athlete: Current Trends in Management and Rehabilitation  
**N. Piskopakis**

11:42 – 11:50 Discussion

**11:50 - 12:10 Treatment of the Biceps with Concomitant Superior Rotator Cuff Tears |**  
**Aula Hall LEVEL 2**

Moderators: **E. Fandridis, P. Pantos**

11:50 – 11:55 Tenotomy alone is enough  
**I. Galanopoulos**

11:55 – 12:00 Tenotomy and Tenodesis where is it better?  
**G. Mazis**

12:00 – 12:05 Slap lesions Repair or Tenodesis  
**G. Panagopoulos**

12:05 – 12:10 Discussion

**12:10 - 12:40 Shoulder Instability without or with Minimal glenoid bone loss– What's the best approach? | Aula Hall LEVEL 2**

Moderators: **G. Arealis – F. Giannoulis**

12:10 – 12:15 Only Bankart is enough  
**E. Fandridis**

12:15 – 12:20 Bankart plus Remplissage  
**I. Kotsalis**

12:20 – 12:25 ASA is the way to go  
**C. Koukos**

12:25 – 12:30 Latarjet is the best option.  
**A. Boutsides**

12:30 – 12:40 Discussion



## SHOULDER / KNEE PROGRAM

DAY 1/12 September 2025

12:40 - 12:50	Type 3 AC Joint Dislocation   Aula Hall <b>LEVEL 2</b>
<u>Moderators:</u>	C. Koukos – G. Panagopoulos
12:40 – 12:45	Conservative is the best option G. Arealis
12:45 – 12:50	Fix it immediately F. Giannoulis
12:50-13:00	Discussion
13:00 - 14:30	Hands – On Session – 8 Working Stations Shoulder & Knee   Vesalius Lab <b>LEVEL 0</b>

### Instructors

Shoulder Stations: A. Boutsides, F. Giannoulis, C. Koukos, G. Mazis

- Shoulder Instability
- Bankart
- Remplissage
- ASA

Knee Stations: P. Kouloumentas, M. Savvidis, A. Tokis

- Cartilage defects
- Autologous transplantation
- Mosaicplasty

# OSTEON

## DAY ORTHOPEDIC & SPINE CLINIC PRO

1/12 September 2025

Duration of the session 16.00 -19.00 @ Iatriko Kefalari Lacture Hall

<b>16:00 - 17:00</b>	<b>Osteon Pro Session   Iatriko Kefalari</b>
<u>Moderators:</u>	G. Mazis, P. Pantos
<b>16:00 – 16:12</b>	Athlete's Heart A. Kasiakogias
<b>16:12 – 16:24</b>	MR imaging of muscle injury in the elite athlete G. Michailidis
<b>16:24 – 16:36</b>	Shoulder pain in the overhead athlete Z. Kokkalis
<b>16:36 – 16:48</b>	Management of the first-time anterior shoulder dislocation in athletes P. Pantos
<b>16:50 – 17:00</b>	<b>Coffee Break</b>
<b>17:00 - 18:00</b>	<b>Osteon Pro Session   Iatriko Kefalari</b>
<u>Moderators:</u>	P. Nikolaou, V. Sakellariou
<b>17:00 – 17:12</b>	Criteria for RTP following a hamstring injury in professional football K. Tsapralis
<b>17:12 – 17:24</b>	ACL surgery for football players P. Nikolaou
<b>17:24 – 17:36</b>	Recovery path Following ACL injury for football players C. Theos
<b>17:36 – 17:48</b>	ACL tear in the low demand patients V. Sakellariou



# OSTEON

ORTHOPEDIC & SPINE CLINIC

## PRO

DAY 1/12 September 2025

17:50 – 18:00	Coffee Break
18:00 - 19:00	Osteon Pro Session   <b>Iatriko Kefalari</b>
<u>Moderators:</u>	K. Starantzis, V. Vougioukas
18:00 – 18:12	Treatment algorithm of the lumbar disc herniation in the elite athlete V. Vougioukas
18:12 – 18:24	The management of acute spondylolysis in the high potential adolescent athlete K. Starantzis
18:24 – 18:36	Sports Hernia K. Konstantinidis
18:36 – 18:48	FAI in football players L. Poultsides
18:48 – 19:00	Osteoarthritis in the young athlete: evidence-based treatment options T. Totlis
19:00 – 19:12	Ambulatory Surgery Centers in Greece. Is it feasible? T. Chamakiotis
19:15 – 19:30	Opening Ceremony Welcome Addresses

## SHOULDER / KNEE PROGRAM

DAY 2/13 September 2025

<b>09:00 - 09:40</b>	<b>Rotator Cuff Tears   Aula Hall LEVEL 2</b>
<u>Moderators:</u>	<b>I. Chiotis – A. Leonidou</b>
09:00 - 09:08	RC tears from my perspective <b>E. Antonogiannakis</b>
09:08 - 09:16	Partial thickness rotator cuff tears. Treatment options <b>A. Leonidou</b>
09:16 - 09:24	Subscapularis tears – Pattern recognition and tips and tricks for repair <b>I. Chiotis</b>
09:24 - 09:32	PS tears. Single, double row, transosseous. Which are the trends in 2025; <b>A. Gkantzos</b>
09:32 - 09:40	Discussion
<b>09:40 - 10:20</b>	<b>Current Concepts in TKA   Aula Hall LEVEL 2</b>
<u>Moderators:</u>	<b>A. Tokis, T. Totlis</b>
09:40 - 09:48	The role of AI in TKA <b>M. P. Sava</b>
09:48 - 09:56	PSI & Custom Total Knee Arthroplasty. <b>E. Gakis</b>
09:56 - 10:04	Robotics in Total Knee Arthroplasty <b>T. Kostakos</b>
10:04 - 10:12	The use of AI in the preoperative planning of TKA <b>P. Megalooikonomos</b>
10:12 - 10:20	Discussion
<b>10:20 – 10:30</b>	<b>Coffee Break   Aula Hall LEVEL 2</b>



## SHOULDER / KNEE PROGRAM

DAY 2/13 September 2025

**10:30 - 13:00** Hands – On Session – 8 Working Stations Shoulder & Knee | Vesalius Lab **LEVEL 0**

### Instructors

Shoulder Stations: **I. Chiotis, A. Gkantsos, A. Leonidou**

- Rotator Cuff Repair

Knee Stations: **E. Gakis, P. Megalooikonomos, A. Tokis, V. Sakellariou**

- Kinematic Alignment TKA Microport
- Pixee AR
- Naviswiss
- Robotics

**13:00 – 14:00** Lunch Break | Aula Hall **LEVEL 2**

**14:00 - 14:45** Shoulder Common Pathologies | Aula Hall **LEVEL 2**

Moderators: **G. Mazis - P. Pantos**

14:00 – 14:08 Latissimus dorsi transfer for irreparable rotator cuff tears  
*My experience*

**A. Kaisidis**

14:08 – 14:16 Proximal humerus fractures, Treatment algorithm in 2025

**I. Polyzois**

14:16 – 14:24 Tips for a perfect implant position in reverse shoulder arthroplasty

**D. Alexakis**

14:24 – 14:34 MagnetOs: How Surface Technology and Osteoinduction Drive Clinical Impact in Orthopedic Surgery

**A. Angelopoulos**

14:34 – 14:50 Discussion

## SHOULDER / KNEE PROGRAM

DAY 2/13 September 2025

**14:50 - 15:40** Current Concepts in Revision TKA | Aula Hall **LEVEL 2**

Moderators: K. Kateros, V. Sakellariou

14:50 - 14:58 How can the anesthesiologist make the life of the surgeon easier?  
**E. Kanellopoulos**

14:58 - 15:06 Implant removal of a well fixed TKA  
**K. Kateros**

15:06 - 15:14 Metaphyseal fixation during revision TKA  
**F. Benazzo**

15:14 - 15:22 Complications of extensor mechanism of the knee following TKA  
**N. Christodoulou**

15:22 - 15:30 To hinge or not in revision TKA  
**V. Bitounis**

15:30 – 15:40 Discussion

**15:40 - 18:40** Hands – On Session – 8 Working Stations Shoulder & Knee| Vesalius Lab **LEVEL 0**

**Instructors**

Shoulder Stations: D. Alexakis, G. Mazis, P. Pantos, I. Polyzois

- Reverse Shoulder Arthroplasty

Knee Stations: F. Benazzo, N. Christodoulou, V. Sakellariou

- Revision TKA
- Implant removal
- Ultrasound devices
- Metaphyseal fixation



## SPINE PROGRAM

DAY 1/12 September 2025

08:15 - 09:00      **Registration**  
**Welcome Coffee**

**09:00 - 10:15**      **Management of non-cancerous Intradural Pathology | Aula Hall LEVEL 2**  
Moderators:      **P. Spinos – V. Vougioukas**

09:00 – 09:20      Idiopathic spinal cord herniation  
**V. Vougioukas**

09:20 – 09:40      Vascular malformations of the spine and spinal cord  
**S. Lafazanos**

09:40 – 10:00      Diagnosis & Operative Management of Spontaneous Intracranial Hypotension (SIH)  
**I. Vasilikos**

10:00 - 10:15      Discussion

**10:15-10:30**      **Coffee Break | Aula Hall LEVEL 2**

**10:30 - 13:00**      **Hands-On Session - 4 Working Stations | Vitruvian Lab LEVEL -1**

**Instructors**

- Tubular Microdiscectomy  
**G. Ntais, G. Papadimitriou**
- Endoscopic Discectomy  
**N. Karagiorgos, D. Papageorgiou**
- Dural Tear repair  
**S. Lafazanos, I. Vasilikos**
- ALIF  
**E. Papadopoulos, P. Spinos**

**13:00 – 14:30**      **Hot debates in spinal surgery | Aula Hall LEVEL 2**  
Moderators:      **P. Zouboulis – P. Nomikos**

13:00 – 13:20      Tubular Microdiscectomy **Vs** Endoscopic Discectomy  
**V. Vougioukas Vs D. Papageorgiou**

13:20 – 13:30      Discussion and Voting



## SPINE PROGRAM

DAY 1/12 September 2025

13:30 – 13:50	Laminoplasty <b>Vs</b> 3 level ACDF for multi-level cervical myelopathy E. Papadopoulos <b>Vs</b> P. Nomikos
13:50 – 14:00	Discussion and Voting
14:00 – 14:20	Anterior Release <b>Vs</b> Pre-op skeletal traction for extreme scoliosis K. Starantzis <b>Vs</b> C. Zafiris
14:20 – 14:30	Discussion and Voting



# OSTEON

ORTHOPEDIC & SPINE CLINIC **PRO**

DAY 1/12 September 2025

Duration of the session 16.00 -19.00 @ Iatriko Kefalari Lacture Hall

<b>16:00 - 17:00</b>	<b>Osteon Pro Session   Iatriko Kefalari</b>
<u>Moderators:</u>	G. Mazis, P. Pantos
<b>16:00 – 16:12</b>	Athlete's Heart A. Kasiakogias
<b>16:12 – 16:24</b>	MR imaging of muscle injury in the elite athlete G. Michailidis
<b>16:24 – 16:36</b>	Shoulder pain in the overhead athlete Z. Kokkalis
<b>16:36 – 16:48</b>	Management of the first-time anterior shoulder dislocation in athletes P. Pantos
<b>16:50 – 17:00</b>	Coffee Break
<b>17:00 - 18:00</b>	<b>Osteon Pro Session   Iatriko Kefalari</b>
<u>Moderators:</u>	P. Nikolaou, V. Sakellariou
<b>17:00 – 17:12</b>	Criteria for RTP following a hamstring injury in professional football K. Tsapralis
<b>17:12 – 17:24</b>	ACL surgery for football players P. Nikolaou
<b>17:24 – 17:36</b>	Recovery path Following ACL injury for football players C. Theos
<b>17:36 – 17:48</b>	ACL tear in the low demand patients V. Sakellariou
<b>17:50 – 18:00</b>	Coffee Break



# OSTEON

ORTHOPEDIC & SPINE CLINIC

## PRO

DAY 1/12 September 2025

18:00 - 19:00	Osteon Pro Session   <b>Iatriko Kefalari</b>
<u>Moderators:</u>	K. Starantzis, V. Vougioukas
18:00 – 18:12	Treatment algorithm of the lumbar disc herniation in the elite athlete V. Vougioukas
18:12 – 18:24	The management of acute spondylolysis in the high potential adolescent athlete K. Starantzis
18:24 – 18:36	Sports Hernia K. Konstantinidis
18:36 – 18:48	FAI in football players L. Poultsides
18:48 – 19:00	Osteoarthritis in the young athlete: evidence-based treatment options T. Totlis
19:00 – 19:12	Ambulatory Surgery Centers in Greece. Is it feasible? T. Chamakiotis
19:15 – 19:30	Opening Ceremony Welcome Addresses

## SPINE PROGRAM

DAY 2/13 September 2025

09:00 - 11:00 Hands-On Session - 4 Working Stations | Vitruvian Lab  
**LEVEL -1**

- Navigated Screws  
P. Angourakis, P. Zouboulis
- Robotic Screws  
G. Papadimitriou, K. Starantzis
- XLIF  
P. Annis
- MIS TLIF  
G. Ntais, V. Vougioukas

10:45 – 11:00 Coffee Break | Aula Hall **LEVEL 2**

11:00 – 13:00 Key topics on Sagittal Imbalance | Aula Hall **LEVEL 2**

Moderators: K. Starantzis, E. Papadopoulos

11:00 – 11:30 Sagittal Balance – The Holy Grail  
P. Annis

11:30 – 12:00 Prevention of Iatrogenic Sagittal Imbalance  
V. Lykomitros

12:00 – 12:30 Sagittal Imbalance Correction Strategy  
K. Starantzis

12:30 – 13:00 Prevention and management of complications in sagittal correction surgery  
E. Papadopoulos

13:00 – 13:30 Case Based Discussion

13:30 – 13:40 MagnetOs: The Clinical Impact of Surface Innovation and Osteoinduction  
A. Angelopoulos

13:40 – 14:30 Lunch Break | Aula Hall **LEVEL 2**



## SPINE PROGRAM

DAY 2/13 September 2025

**14:30 – 16:30** Hands-On Session - 4 Working Stations | Vitruvian Lab  
**LEVEL -1**

- ACDF  
P. Stavrinou, S. Papastefanou
- TDR  
A. Brotis, J. Tsiganos
- Laminoplasty  
E. Papadopoulos, K. Starantzis
- Lege Artis Grafting Technique  
G. Papadimitriou

**16:40 – 18:00** Case Based Discussions – Problem Solving Discussion Groups | Aula Hall **LEVEL 2**

Moderators: S. Papastefanou, P. Stavrinou

Group A Lead: A. Brotis

Group B Lead: P. Stavrinou

Group C Lead: S. Papastefanou

Group D Lead: J. Tsiganos

**16:30 – 17:00** Presentation Case 1  
Discussion & Voting

**17:00 – 17:30** Presentation Case 2  
Discussion & Voting

**17:00 -18:00** Presentation Case 3  
Discussion & Voting

**18:00** Adjourn



## FACULTY LIST

Dimitris	Alexakis	Director of Orthopaedics and Sports Injuries Department, Athens Euroclinic, Greece
Pavlos	Angourakis	Spine Orthopedic Surgeon, Clinic of Spinal Deformities, Metropolitan Hospital, Athens, Greece
Prokopis	Annis	Consultant Spinal Surgeon, The Walton Centre NHS Foundation Trust, Liverpool, UK
Emmanouil	Antonogiannakis	MD, Orthopaedic Surgeon, Director, 3rd Orthopaedic Department, Hygeia Hospital, Athens, Greece
George	Arealis	MD, PhD, FRCS, Consultant Trauma & Orthopaedic Surgeon, East Kent Hospitals University NHS Foundation Trust, UK Visiting Professor, Faculty of Medicine, Health and Social Care Canterbury Christ Church University, UK
Francesco	Benazzo	Orthopedic Surgeon Chairman, Clinica Ortopedica e Traumatologica University of Pavia since 2002 Full professor of orthopedics and traumatology since 2000 Member of the Fondazione IRCCS Policlinico San Matteo, Pavia
Vasileios	Bitounis	MD Bristol, FRCSEd, PhD, Orthopaedic Surgeon, Director of the International Center for Hip and Knee Arthroplasty, Athens Medical Center, Greece
Achilleas	Boutsiadis	MD, PhD, Military Orthopaedic Surgeon, 401 General Military Hospital of Athens, Bioclinic of Athens, Greece
Alexandros	Brotis	MD, MSc, PhD, Assistant Professor of Neurosurgery, University of Thessaly, General University Hospital of Larissa, Greece
Theodoros	Chamakiotis	Vice President of Hellenic Private Hospitals Association (SEK), General Manager of Athens Medical Center
Ioannis	Chiotis	MD, PhD, MSc, Orthopaedic Surgeon, Consultant of 3rd Orthopaedic Department, Hygeia Hospital, Athens, Greece
Nikolaos	Christodoulou	MD, PhD, Orthopaedic Surgeon, Director of Orthopaedic Department, Athens Medical Group - Psychiko Clinic, Greece
Emmanouil	Fandridis	Orthopaedic Surgeon, Director, Hand-Upper Limb & Microsurgery Department, KAT General Hospital, Athens, Greece, President of the Hellenic Hand Surgery and Upper Limb Society 2023, Athens, Greece
Evangelos	Gakis	Orthopaedic Surgeon, Director of Orthopedic Clinic, Athens Medical Center, Psychiko Clinic, Greece

Ilias	Galanopoulos	MD, PhD, Consultant Orthopaedic Surgeon 2nd Department of Orthopaedics, 401 General Military Hospital of Athens, Greece
Filippos	Giannoulis	MD, Ph.D Director, Hand, Upper Extremity and Microsurgery Department, "Hygeia" Hospital, Athens, Greece
Apostolos	Gkantsos	MD, PhD, Orthopaedic Surgeon, Senior Consultant, General Hospital of Naousa, Greece
Aristotelis	Kaisidis	Director of the Shoulder Surgery Clinic, Frankfurt Red Cross Clinics Clinic Maingau, Granfurt, Germany
Ilias	Kanellopoulos	MD, PhD, Anaesthesiologist, Athens Medical Center, Greece
Nikolaos	Karageorgos	Neurosurgeon, Director of Neurosurgery Clinic, Athens Medical Center, Greece
Alexandros	Kasiakogias	MD PhD Cardiologist, Senior Clinical Lecturer at 1st Cardiology Department, Athens Medical School, Hippokration General Hospital, Athens, Greece Nucleus Member, European Society of Cardiology Working Group on Myocardial and Pericardial Diseases EACVI/SCMR CMR Level III
Konstantinos	Kateros	MD, MSc, PhD, Orthopaedic Surgeon Director, 1st Orthopaedic Department "G.Gennimatas" General Hospital, Athens, Greece
Zinon	Kokkalis	MD, PhD, Associate Professor of Orthopaedic Surgery School of Medicine, University of Patras, Greece
Konstantinos	Konstantinidis	Scientific Director, Director of the Department of General, Laparoscopic, Oncological and Robotic Surgery, Athens Medical Center, Greece
Thomas	Kostakos	MD, FRCS (Tr&Orth) Consultant Trauma & Orthopaedic Surgeon Athens Medical Center
Ioannis	Kotsalis	MD, Orthopaedic Surgeon, 1st Orthopaedic Department, Athens General Hospital "G. Genimmas", Greece
Christos	Koukos	Head of Special Sports Surgery Department, St. Josef Hospital Wuppertal, Germany
Panagiotis	Kouloumentas	Orthopaedic Surgeon, Director Athens Sport Orthopedic, Clinic of Orthopedics and Sport Orthopedics, Metropolitan Hospital, Athens, Greece
Aristotelis	Kourtis	Consultant Orthopedic Surgeon, Athens Medical Centre, Athens, Greece Honorary Consultant, Nuffield Orthopedic Centre, Oxford, U.K. Honorary Consultant, Southmead Hospital, Bristol, U.K. Honorary Lecturer, University of Bristol, U.K.

Spyros	Lafazanos	Colonel Neurosurgeon, Director of Neurosurgical Clinic, 417 NIMTS Veterans Fund Army Hospital, Athens
Andreas	Leonidou	MSc, PhD, FRCS (Tr & Orth), Director of Department of Minimally Invasive Orthopaedic Surgery, Athens Medical Centre, Greece
Vasilis	Lykomitros	Consultant Spinal Surgeon, Euromedica Hospital, Thessaloniki, Greece
Giorgos	Mazis	MSc, PhD, FEBOT, Director Orthopedic Surgeon Head of Upper Extremity (Shoulder & Elbow) and Hand Extremity Surgery Department, Athens Medical Center, Paleo Faliro, Associate of the Upper Extremity Surgery Department and Head of the Hand Extremity Department at "OSTEON" Orthopedic Clinic, Athens, Greece
Panagiotis	Megalooikonomos	MD, MSc, PhD Assistant Professor of Orthopedics Hip and Knee Reconstruction, First Department of Orthopaedic Surgery National and Kapodistrian University of Athens Attikon University General Hospital Athens, Greece
George	Michailidis	Radiologist, Supervisor of the Department of Computed Tomography & Magnetic Resonance Imaging, Athens Medical Center
Pantelis	Nikolaou	MD, PhD. Orthopaedic Surgeon, Director, Orthopaedic Clinic, Division Sports Medicine, Athens Medical Center, Amarousio, Greece
Panagiotis	Nomikos	Director, 1 <sup>st</sup> Department of Neurosurgery, Hygeia Hospital, Athens, Greece
George	Ntais	Neurosurgery Consultant, Minimally Invasive Clinic, Athens Medical Center, Greece
Ilias	Ntisios	Orthopaedic Surgeon, Sports Physician, Psychiko Medical Center, Greece
George	Panagopoulos	Consultant Upper Limb Surgeon Athens Medical Center, Greece
Panagiotis	Pantos	MD, MSc, PhD, Orthopaedic Surgeon, Director of the Upper Limb Unit , Osteon Orthopedic Clinic at Athens Medical Center, Greece
Giorgos	Papadimitriou	MD, MSc, FEBOT, Consultant Orthopaedic Surgeon, Athens Medical Center, Osteon Clinic, Greece
Elias	Papadopoulos	Spine/ Scoliosis Surgeon Chief of Spine Service, Hygeia Hospital Asst. Professor, Orthopedic Department University of Athens, School of Medicine, Greece
Dimitris	Papageorgiou	Consultant Neurosurgeon, Head of Department of Minimal Invasive Neurosurgery at Euroclinic Athens 251 General AirForce Hospital, Athens, Greece

Sotiris	Papastefanou	MD, BC(Orth), PhD, Spine Surgeon – Orthopedic, Director of the Spinal Institute Column, Partner Medical Center and Paediatrics of Athens, Children's Hospital "Mitera", Athens, Greece
Andreas	Piskopakis	Orthopaedic Surgeon, Co Director of Orthopaedics and Sports Medicine, Athens Medical Center, Greece
Nikolaos	Piskopakis	MD, PhD, Director, Department of Orthopaedics and Sports Medicine, Athens Medical Center, Greece
Ioannis	Polyzois	MBCHB FRCS FEBOT, Consultant Trauma and Orthopaedic Surgeon, Shoulder and Upper Limb Specialist, Athens Interbalkan Medical Center, Greece
Lazaros	Poultides	Assistant Professor of Orthopaedics, Aristotle University of Thessaloniki, Greece
Vasilis	Sakellariou	MD, MSc, PhD Director of Orthopedic Department Athens Medical Center, Amarousion, Greece
Manuel Paul	Sava	Resident in Orthopaedic Surgery, Spital Limmattal, Schlieren, Switzerland.
Mathaios	Savvidis	MD, PhD Orthopedics & Trauma Surgeon, Deputy Director 2nd Orthopedic Unit, 424 General Military Hospital, Thessaloniki, Greece
Panagiotis	Spinou	MD-PhD/Patras University Consultant Neurosurgeon-Spinal Surgeon/ Neurosurgical Department, General Hospital of Patras "St Andrew's", Greece F.Consultant Spinal Surgeon/ Basildon University Hospital and Woodthorpe Hospital, Nottingham, UK Fellowship Trained- Guy's & St Thomas' Hospital London, Walton Neurocentre Liverpool, Salford Royal Hospital Manchester
Konstantinos	Starantzis	Consultant Spine Surgeon Director of Deformity & Complex Spine Surgery Unit Eurospine Surgical Spine Centre of Excellence Athens Medical Center, Founding member of Osteon Orthopedic & Spine Clinic, Athens, Greece
Pantelis	Stavrinou	Director Neurosurgeon, Metropolitan Hospital, Athens, Greece, Assistant Professor, University of Cologne, Germany
Christos	Theos	Orthopaedic Surgeon Piraeus Special Orthopaedic Surgery (PirSOS), Metropolitan Hospital, Athens, Greece
Anastasios	Tokis	Orthopaedic Surgeon, Chief of Orthopaedic Department Metropolitan General Hospital, Athens, Greece
Trifon	Totlis	Orthopaedic Surgeon, Assist. Professor. TheMIS Orthopaedic Center, St. Luke's Hospital, Thessaloniki / Anatomy Dept. School of Medicine, Aristotle University of Thessaloniki, Greece. ESSKA-EKA Early Osteoarthritis Study Group co-Chair
Kiriakos	Tsaprakis	Sports Medicine Physician Managing Director Isokinetic Athens



		Isokinetic Medical Group FIFA Medical Centre of Excellence
Dimitris	Tsiachris	Ass. Professor of Cardiology, National and Kapodestrian University of Athens EP Lab Director, Athens Medical Center
John	Tsinganos	Orthopaedic Surgeon, Athens Medical Center, Greece
Ioannis	Vasilikos	PT, MM, MD, PhD Associate Professor of Neurosurgery, University Medical Center of Freiburg Co-Director Laboratory of Experimental Brain & Spine Surgery - LENS-Lab
Vasilis	Vougioukas	Neurosurgeon, Director, Department of Neurosurgery, Athens Medical Center, Greece Associate Professor of Neurosurgery, University of Freiburg, Germany
Christos	Zafiris	Associate Director of Spine Clinic, Trauma Scoliosis Center and Spine Oncology, Metropolitan General, Athens, Greece
Panagiotis	Zoumpoulis	Assistant Professor of Orthopaedics, Department of Spinal Deformities, Metropolitan Hospital, Neo Faliro, Greece

## ACKNOWLEDGMENTS

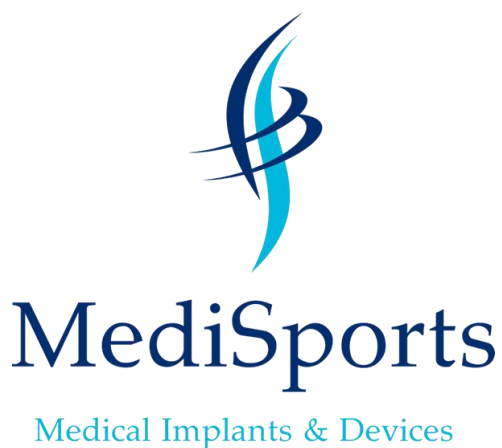
### BRONZE SPONSORS



**Medtronic**



*Johnson & Johnson*



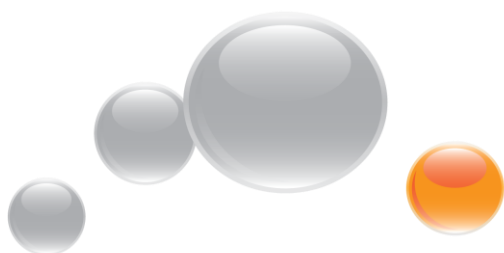


## SPONSORS





## SPONSORS



Spine Action



Pharmaceutical Laboratories S.A.





Introducing & Supporting  
**INNOVATION** in  
Healthcare





**Accell Evo3®**  
Advanced Demineralized Bone Matrices  
Powered Acell® Technology



**Ballast®**  
Demineralized Bone Matrix In Resorbable Mesh



ATHENS MEDICAL GROUP

# GREEK LEGACY GLOBAL STANDARDS



ATHENS MEDICAL  
GROUP

[www.iatriko.gr](http://www.iatriko.gr) |    

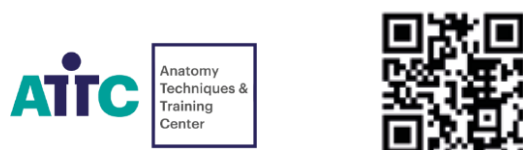
  
Imperial College Healthcare  
INTERNATIONAL AFFILIATE



## GENERAL INFORMATION

### Venue of the course

#### ANATOMY TECHNIQUES AND TRAINING CENTER



The ATT Center is dedicated to practical courses on all ranges of the medical sector, as well as surgical techniques on cadavers. The facility offers surgeons of all medical specialties and nurses the most suitable space and equipment for developing and expanding their medical and surgical experience. The Centre covers 1000 m<sup>2</sup>, has 2 laboratories with a total of 18 working stations, a conference hall located on the second floor that can accommodate up to 100 people and fully equipped separate seminar rooms.

#### Registration Fee for the course

Lectures Only | 150,00€

**Shoulder** Lectures & Hands on | 600,00€

**Knee** Lectures & Hands On | 600,00€

**Spine** Lectures & Hands On | 1.000,00€

*The registration fee includes: Attendance of the theoretical and hands on session, coffee break & light lunch*

#### Secretariat Operating Hours

Friday September 12<sup>th</sup> | 7.30 -14.00 | ATTC

Friday September 12<sup>th</sup> | 15.30-19.00 | **Athens Medical Center**

Saturday September 13<sup>th</sup> | 8.30 -17.30 | ATTC

#### Admission Badges

The badge should be worn by all participants and members of the faculty, at all times during the course

### Venue of the Osteon Pro Session

#### ATHENS MEDICAL CENTER LECTURE HALL



Athens Medical Group (AMG) was established in 1984. Its goal: to provide high quality, integrated healthcare services, based on a patient – centered approach. From the first years of its operation, it became a “catalyst” of progress in Healthcare, being the first Greek medical institution to introduce state-of-the-art medical equipment and secure collaborations with distinguished scientists, thus providing services equal to those of internationally acclaimed hospitals. Through continuous investments, both in Greece and abroad, AMG is among the most dynamic Healthcare organizations and the most reliable providers of diagnostic and hospitalization services, worldwide.

#### Registration Fee for the Osteon Pro Session

*The registration fee includes: Attendance of the Osteon Pro Session, coffee break*

#### Official Language

English is the official language of the course. There will be no simultaneous translation.

#### Certificate of Attendance

Participants can receive their certificate of attendance via email. To receive the certificate of attendance it is mandatory for each participant to complete the evaluation sent to them via email by the secretariat.