

Organizers



1ST ORTHOPAEDICS
DEPARTMENT
GENERAL HOSPITAL OF ATHENS "G.GENNIMATAS"

2ND DEPARTMENT
OF ORTHOPAEDICS
KAT ATTICA GENERAL HOSPITAL



ATC

ATHENS TRAUMA COURSE

at

ATTC



15 & 16 MAY 2026

**International
Faculty**

**Pelvis & Lower
Limb**

**Hands on
Practice**



VENUE

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WELCOME NOTE

"The 1st Orthopedic Department of the General Hospital of Athens "G. Gennimatas" and the 2nd Department of the General Trauma Hospital "KAT" are organizing the first Athens Trauma Course, which will be held at the Athens Trauma Training Center (ATTC) on May 15–16, 2026.

The primary objective of this course is to explore complex cases in orthopedic trauma, drawing on the collective expertise of the two departments and incorporating the latest evidence from contemporary research. The program will include oral presentations, interactive discussions of real clinical cases, and hands-on cadaveric practice sessions. Each oral presentation will focus on the fundamental principles of approaching and internally fixing intra-articular fractures. Following these presentations, participants will engage in discussions based on real-life case scenarios, collectively determining the most appropriate treatment strategies for each case. Subsequently, cadaveric practice sessions will provide participants with the opportunity to apply selected surgical approaches and fixation techniques.

This course is designed for orthopedic surgery residents and early-career orthopedic surgeons with a special interest in orthopedic trauma. Participants will gain in-depth knowledge of advanced intra-articular fracture management of the lower limb, with particular emphasis on pelvic and acetabular fractures.

The program is supported by distinguished international faculty and expert instructors who will share their experience through focused lectures, case-based discussions, and hands-on cadaveric training. Through this comprehensive educational format, participants will refine both their decision-making and surgical skills in the management of these challenging injuries"

Course Directors

K. Kateros & S. Papadakis



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Friday 15 May 2026

08:15 - 08:30	Registration
08:30-08:45	Welcome Address
08:45-09:30	Pelvic Ring Injuries <ul style="list-style-type: none">• Surgical anatomy• Classification (Tile – Young Burgess)• Indications for anterior and posterior stabilization
09:30 – 10:15	Acetabular Fractures <ul style="list-style-type: none">• Surgical anatomy• Judet–Letournel classification• Decision-making algorithm <p>Discussion</p>
10:30-10:50	Coffee Break
10:50-11:40	Review of Surgical Approaches <ul style="list-style-type: none">• Stoppa approach (Anterior intrapelvic)• Ilioinguinal approach• Kocher–Langenbeck approach• Pubic symphysis approach (Pfannenstiel)
11:40 – 12:00	Safety Instructions & Cadaver Lab Organization
12:00 – 12:45	Light Lunch



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13:00 - 17:30 Hands On Session | all groups working

1st Cycle 13:00–14:00

Group A → Stoppa

Group B → Ilioinguinal

Group C → Kocher–Langenbeck

Group D → Pubic Symphysis

2nd Cycle 14:10–15:10

Group A → Ilioinguinal

Group B → Kocher–Langenbeck

Group C → Pubic Symphysis

Group D → Stoppa

3rd Cycle 15:20–16:20

Group A → Kocher–Langenbeck

Group B → Pubic Symphysis

Group C → Stoppa

Group D → Ilioinguinal

4th Cycle 16:30–17:30

Group A → Pubic Symphysis

Group B → Stoppa

Group C → Ilioinguinal

Group D → Kocher–Langenbeck

Duration per station: 60 minutes

Transition time: 10 minutes

17:30 – 18:30 Special Topics

- Osteoporotic acetabular fractures
- Combined pelvic + acetabular injuries
- Complications & prevention
- Total hip arthroplasty (THA) after acetabular fracture

18:30 Summary - End of first day



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Saturday 15 May 2026

09:00-10:00 Distal Tibial and Ankle

- Approaches to the Distal Tibia and Ankle
- Bimalleolous Fractures, Fixation, Results, Limitations
- Posterior Malleolus Fracture. When and How to Fix it
- Pilon Fractures, Fixation Techniques

10:00 - 12:00 Hands On Session

- ✓ Anterior Plate Fixation
- ✓ Anteromedial Plate Fixation
- ✓ Posterior Plate Fixation
- ✓ Lateral Malleolus Fixation
- ✓ Tight Rope Tibiofibular Fixation

12:00 - 12:30 Coffee Break

12:30 - 13:30 Proximal Tibia

- Approaches to the Proximal Tibia
- Classification Based treatment of proximal Tibia plateau Fractures
- Proximal Tibia Fixation Techniques
- External Fixation of Proximal Tibia fractures. Indications and results

13:30 - 14:30 Distal Femur

- Distal Femur Approaches. Lateral, Anterior, Medial
- IMN of Distal Femur Fractures. Indications, Techniques, Results
- Orif of Distal Femoral fractures. Single or Double plating. Indications and Results
- Distal Femoral non union after Fixation. How to deal with it.

14:30 - 15:00 Lunch Break

15:00 - 17:00 Hands On Session

- ✓ Lateral Plateau Plate Fixation
- ✓ Medial Plateau Plate Fixation
- ✓ Posterior Plateau Plate Fixation
- ✓ Distal Femur Lateral Plate Fixation
- ✓ Distal Femur Medial Plate Fixation

17:00 Summary – End of second day