

Organizers



1ST ORTHOPAEDICS
DEPARTMENT
GENERAL HOSPITAL OF ATHENS "G.GENNIMATAS"

2ND DEPARTMENT
OF ORTHOPAEDICS
KAT ATTICA GENERAL HOSPITAL



ATC

ATHENS TRAUMA COURSE

at

ATTC



15 & 16 MAY 2026

**International
Faculty**

**Pelvis & Lower
Limb**

**Hands on
Practice**



VENUE

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WELCOME NOTE

The 1st Orthopedic Department of the General Hospital of Athens 'G. Gennimatas' and the 2nd Department of the General Trauma Hospital 'KAT,' are organizing the first **Athens Trauma Course**, which is scheduled to be held at the ATTC on May 15th and 16th, 2026.

The primary objective of this course is to delve into complex cases of orthopedic trauma, drawing from the collective expertise of the two departments and incorporating the latest findings from published research. The format will include oral presentations, interactive discussions on real cases, and hands-on cadaveric practice sessions.

Each oral presentation will emphasize fundamental principles for approaching and internally fixing intraarticular fractures. Following these presentations, participants will engage in discussions revolving around real-life case scenarios, with decisions regarding the most appropriate treatments for each case being made collectively. Subsequently, cadaveric practice sessions will provide participants with the opportunity to implement the chosen approaches and fixation techniques.

This course is specifically designed for residents of orthopedic surgery in their final years of residency. By participating, attendees will gain a comprehensive understanding of advanced intra-articular fracture management in both the upper and lower limbs. They will have the chance to practice basic and advanced approaches and apply various internal fixation methods, thus enhancing their skillset in this critical area of orthopedics.



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Friday 15 May 2026

08:15 - 08:30	Registration
08:30-08:45	Welcome Address
08:45-09:30	Pelvic Ring Injuries <ul style="list-style-type: none">• Surgical anatomy• Classification (Tile – Young Burgess)• Indications for anterior and posterior stabilization
09:30 – 10:15	Acetabular Fractures <ul style="list-style-type: none">• Surgical anatomy• Judet–Letournel classification• Decision-making algorithm <p>Discussion</p>
10:30-10:50	Coffee Break
10:50-11:40	Review of Surgical Approaches <ul style="list-style-type: none">• Stoppa approach (Anterior intrapelvic)• Ilioinguinal approach• Kocher–Langenbeck approach• Pubic symphysis approach (Pfannenstiel)
11:40 – 12:00	Safety Instructions & Cadaver Lab Organization
12:00 – 12:45	Light Lunch



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13:00 - 17:30 Hands On Session | all groups working

1st Cycle 13:00–14:00

- Group A → Stoppa
- Group B → Ilioinguinal
- Group C → Kocher–Langenbeck
- Group D → Pubic Symphysis

2nd Cycle 14:10–15:10

- Group A → Ilioinguinal
- Group B → Kocher–Langenbeck
- Group C → Pubic Symphysis
- Group D → Stoppa

3rd Cycle 15:20–16:20

- Group A → Kocher–Langenbeck
- Group B → Pubic Symphysis
- Group C → Stoppa
- Group D → Ilioinguinal

4th Cycle 16:30–17:30

- Group A → Pubic Symphysis
- Group B → Stoppa
- Group C → Ilioinguinal
- Group D → Kocher–Langenbeck

Duration per station: 60 minutes

Transition time: 10 minutes

17:30 – 18:30 Special Topics

- Osteoporotic acetabular fractures
- Combined pelvic + acetabular injuries
- Complications & prevention
- Total hip arthroplasty (THA) after acetabular fracture

18:30 Summary - End of first day



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Saturday 15 May 2026

09:00-10:00 Distal Tibial and Ankle

- Approaches to the Distal Tibia and Ankle
- Bumalleolous Fractures, Fixation, Results, Limitations
- Posterior Malleolus Fracture. When and How to Fix it
- Pilon Fractures, Fixation Techniques

10:00 - 12:00 Hands On Session

- ✓ Anterior Plate Fixation
- ✓ Anteromedial Plate Fixation
- ✓ Posterior Plate Fixation
- ✓ Lateral Malleolus Fixation
- ✓ Tight Rope Tibiofibular Fixation

12:00 - 12:30 Coffee Break

12:30 - 13:30 Proximal Tibia

- Approaches to the Proximal Tibia
- Classification Based treatment of proximal Tibia plateau Fractures
- Proximal Tibia Fixation Techniques
- External Fixation of Proximal Tibia fractures. Indications and results

13:30 - 14:30 Distal Femur

- Distal Femur Approaches. Lateral, Anterior, Medial
- IMN of Distal Femur Fractures. Indications, Techniques, Results
- Orif of Distal Femoral fractures. Single or Double plating. Indications and Results
- Distal Femoral non union after Fixation. How to deal with it.

14:30 - 15:00 Lunch Break

15:00 - 17:00 Hands On Session

- ✓ Lateral Plateau Plate Fixation
- ✓ Medial Plateau Plate Fixation
- ✓ Posterior Plateau Plate Fixation
- ✓ Distal Femur Lateral Plate Fixation
- ✓ Distal Femur Medial Plate Fixation

17:00 Summary – End of second day