



A' ORTHOPAEDIC  
DEPARTMENT  
"G. GENNIMATAS" GENERAL HOSPITAL OF ATHENS



B' ORTHOPAEDIC  
DEPARTMENT  
KAT GENERAL HOSPITAL OF ATTICA

# ATC

## ATHENS TRAUMA COURSE

at

# AITC



05 & 06 SEPTEMBER 2026

International  
Faculty

Pelvis & Lower  
Limb

Hands on  
Practice

# PROGRAM



VENUE

A 35 Sorou Str., Maroussi, Athens - Greece T +30 210 6109992 • E [op@attcenter.eu](mailto:op@attcenter.eu) • W [www.attcenter.eu](http://www.attcenter.eu)

## Welcome Note

The A' Orthopedic Department of "G. Gennimatas" General Hospital of Athens and the B' Orthopaedic Department of "KAT" General Hospital of Attica are organizing the first Athens Trauma Course, which will be held at the Athens Trauma Training Center (ATTC) on September 5&6, 2026.

The primary objective of this course is to explore complex cases in orthopedic trauma, drawing on the collective expertise of the two departments and incorporating the latest evidence from contemporary research. The program will include oral presentations, interactive discussions of real clinical cases, and hands-on cadaveric practice sessions. Each oral presentation will focus on the fundamental principles of approaching and internally fixing intra-articular fractures. Following these presentations, participants will engage in discussions based on real-life case scenarios, collectively determining the most appropriate treatment strategies for each case. Subsequently, cadaveric practice sessions will provide participants with the opportunity to apply selected surgical approaches and fixation techniques.

This course is designed for orthopedic surgery residents and early-career orthopedic surgeons with a special interest in orthopedic trauma. Participants will gain in-depth knowledge of advanced intra-articular fracture management of the lower limb, with particular emphasis on pelvic and acetabular fractures.

The program is supported by distinguished international faculty and expert instructors who will share their experience through focused lectures, case-based discussions, and hands-on cadaveric training. Through this comprehensive educational format, participants will refine both their decision-making and surgical skills in the management of these challenging injuries"

### Course Directors

K. Kateros & S. Papadakis

Organizers





## Program

**Saturday 5 September 2026**

<b>08:15 - 08:30</b>	<b>Registration</b>	
<b>08:30 - 08:45</b>	<b>Welcome Address</b>	
<b>08:45 - 09:30</b>	<b>Pelvic Ring Injuries</b> Moderators: <b>S. Darmanis - L. Oikonomou</b>	<b>Aula Hall</b> 2 <sup>nd</sup> floor
	Surgical anatomy <b>E. Liodakis</b>  Classification (Tile - Young Burgess) <b>S. Darmanis</b>  Indications for anterior and posterior stabilization <b>N. Kanakaris</b>  Discussion	
<b>09:30 - 0:15</b>	<b>Acetabular Fractures</b> Moderators: <b>P. Giannoudis - N. Prevezas</b>	<b>Aula Hall</b> 2 <sup>nd</sup> floor
	Surgical anatomy <b>P. Giannoudis</b>  Judet-Letournel classification <b>C. Pape</b>  Decision-making algorithm <b>N. Prevezas</b>  Discussion	
<b>10:30 - 10:50</b>	<b>Coffee Break</b>	

Organizers





**Saturday 5 September 2026**

## Program

<b>10:50 - 11:40</b>	<b>Review of Surgical Approaches</b> Moderators: <b>N. Kanakaris - E. Liodakis</b>	<b>Aula Hall</b> 2 <sup>nd</sup> floor
	Stoppa approach (Anterior intrapelvic) <b>N. Kanakaris</b>  Ilioinguinal approach <b>S. Pneumatikos</b>  Kocher-Langenbeck approach <b>S. Papadakis</b>  Pubic symphysis approach (Pfannenstiel) <b>E. Liodakis</b>  Discussion	
<b>11:40 - 12:00</b>	<b>Safety Instructions &amp; Cadaver Lab Organization</b>	
<b>12:00 - 12:45</b>	<b>Light Lunch</b>	
<b>13:00 - 17:30</b>	<b>Hands On Session</b>	<b>Vitruvian Lab</b> Lower ground floor
<b>17:30 - 18:30</b>	<b>Special Topics</b> Moderators: <b>G. Macheras - TBA</b>	<b>Aula Hall</b> 2 <sup>nd</sup> floor
	Osteoporotic acetabular fractures <b>C. Pape</b>  Combined pelvic + acetabular injuries <b>P. Giannoudis</b>  Complications & prevention <b>N. Prevezas</b>  Indications of operative/ non operative management <b>TBA</b>  Total hip arthroplasty (THA) after acetabular fracture <b>G. Macheras</b>	
<b>18:30</b>	<b>Summary - End of first day</b>	

Organizers





**Sunday 6 September 2026**

## Program

<b>09:00 - 10:00</b>	<b>Distal Tibial and Ankle</b> Moderators: <b>K. Kateros – N. Manolis</b>	<b>Aula Hall</b> 2 <sup>nd</sup> floor
	<p>Approaches to the Distal Tibia and Ankle <b>N. Patsiogiannis</b></p> <p>Bimalleolous Fractures, Fixation, Results, Limitations <b>A. Eleftheropoulos</b></p> <p>Posterior Malleolus Fracture. When and How to Fix it <b>T. Badekas</b></p> <p>Pilon Fractures, Fixation Techniques <b>D. Zacharakis</b></p> <p>Syndesmosis button <b>V. Psychogios</b></p> <p>Case Discussion: <b>D. Koulalis - P. Stavlas</b></p>	
<b>10:00 - 13:00</b>	<b>Hands On Session</b>	<b>Vitruvian Lab</b> Lower ground floor
	<ul style="list-style-type: none"> <li>• Anterior Plate Fixation</li> <li>• Anteromedial Plate Fixation</li> <li>• Posterior Plate Fixation</li> <li>• Lateral Malleolus Fixation</li> <li>• Tight Rope Tibiofibular Fixation</li> </ul>	
<b>13:00 - 14:00</b>	<b>Light Lunch</b>	

Organizers





**Sunday 6 September 2026**

## Program

<b>14:00 - 15:00</b>	<b>Proximal Tibia</b> Moderators: <b>K. Kokorogiannis - M. Kapiris</b>	<b>Aula Hall</b> 2 <sup>nd</sup> floor
	<p>Approaches to the proximal tibia <b>D. Palis</b></p> <p>Classification based treatment of proximal tibia plateau fractures <b>A. Tilentzoglou</b></p> <p>Proximal tibia fixation techniques <b>K. Kokorogiannis</b></p> <p>External fixation of proximal tibia fractures. Indications and results <b>K. Giannikas</b></p>	
<b>15:00 - 16:00</b>	<b>Proximal Femur - Distal Femur</b> Moderators: <b>N. Patsiogiannis - K. Lampropoulou</b>	<b>Aula Hall</b> 2 <sup>nd</sup> floor
	<p>Fractures of the femoral head. Approaches and fixation techniques <b>H. Dinopoulos</b></p> <p>Femoral neck fractures in young patients. Internal fixation or arthroplasty: Indications, Results, Limitations <b>L. Poultsides</b></p> <p>Distal Femur Approaches. Lateral, Anterior, Medial <b>G. Thivaos</b></p> <p>IMN of Distal Femur Fractures. Indications, Techniques, Results <b>C. Garnavos</b></p> <p>Orif of Distal Femoral fractures. Single or Double plating. Indications and Results <b>N. Kanakaris</b></p> <p>Distal Femoral nonunion after fixation. How to deal with it <b>P. Giannoudis</b></p> <p>Case Discussion <b>P. Koulouvaris - A. Mourikis</b></p>	


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## Program

Sunday 6 September 2026

16:00 - 16:30	Coffee Break
16:30 - 18:00	<b>Hands On Session</b>  <ul style="list-style-type: none"> <li>• Distal femoral fracture</li> <li>• Lateral Plateau Plate Fixation</li> <li>• Medial Plateau Plate Fixation</li> <li>• Posterior Plateau Plate Fixation</li> </ul>
18:00	Summary - End of second day

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## Faculty

### Athanasios Badekas, MD

Director, 3<sup>rd</sup> Orthopaedic Clinic Henry Dunant Hospital, President Elect of Hellenic Association of Orthopaedic Surgery and Traumatology, Athens, Greece

### Spyridon Darmanis, MD, MSc, PhD

Director, Orthopaedic Clinic, Mediterraneo Hospital, Department of Pelvic Surgery and Revision Hip Surgery, Athens, Greece

### Alexandros Eleftheropoulos

Foot and Ankle Orthopaedic Consultant, Head of Orthopaedic Department Naousa's General Hospital, Central Macedonia, Greece

### Christos Garnavos

Director of Orthopaedic and Trauma Department, General Hospital of Athens, Evangelismos", Greece

### Konstantinos Garnavos, PhD, FRCS, FEBOT

Director, 1<sup>st</sup> Orthopaedic Department, "G. Gennimatas" General Hospital of Athens, Greece

### Peter Giannoudis

Professor - Section Head, Trauma & Orthopaedic Surgery, School of Medicine, University of Leeds, UK, Editor in Chief Injury, Editor in Chief Trauma Case Reports, President ESTROT Society, Chair Global Research Commission AO Foundation, President Day One Charity

### Nikolaos Kanakaris

Clinical Director of LEEDS Major Trauma Centre, Honorary Associate Professor, Leeds Teaching Hospitals NHS Trust

### Matthaios Kapiris

Orthopaedic Surgeon, Iaso General Hospital, Athens, Greece

### Konstantinos Kateros, MD, MSc, PHD, FIOTA,

Orthopaedic Surgeon, Director, 1<sup>st</sup> Orthopaedic Department, General Hospital of Athens "G. Gennimatas", Greece, HAOST Past President 2025

### Konstantinos Kokorogiannis, MD, PhD

Orthopaedic Surgeon, Director of 5<sup>th</sup> Orthopaedic Department, KAT General Hospital of Attica, Athens, Greece

### Dimitrios Koulalis, MD, PhD

Assistant Professor in Orthopaedic Surgery, Consultant in Orthopaedic Surgery, 1<sup>st</sup> Orthopaedic Department National Kapodistrian University of Athens, "Attikon" University Hospital, Athens, Greece

### Panagiotis Koulouvaris, MD, PhD

Consultant Orthopaedic Surgeon, Associate Professor Medical School, University of Athens, 1<sup>st</sup> Orthopaedic Clinic, "ATTIKON" General University Hospital, Greece

### Kalliopi Lampropoulou-Adamidou, MD, MSc, PhD

Consultant Orthopaedic Surgeon, General Hospital of Athens "KAT", Greece

### Emmanouil Liodakis

Chair, Department of Trauma, Hand and Reconstructive Surgery, Saarland University Medical Center, Homburg, Germany

### Georgios Macheras, MD

Director, 7<sup>th</sup> Orthopaedic Department, Henry Dunant Hospital, Athens, Greece

### Nikolaos Manolis

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## Faculty

**Anastasios Mourikis**, MD, MSc, PhD  
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**Leon Oikonomou**, MD  
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**Stamatios Papadakis**  
Consultant Orthopaedic Surgeon, 2<sup>nd</sup>  
Orthopaedic Department, KAT General Hospital  
of Attica, Athens, Greece, HAOST Past President  
2018

**Hans Christopher Pape**, MD, FACS, FEBS,  
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Professor, Chairman, Department of Trauma,  
University Hospital Zurich, Switzerland

**Nikolaos Patsiogiannis**  
Orthopaedic Surgeon, Athens General Hospital  
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Professor and Chairman of 3<sup>rd</sup> Department of  
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**Panagiotis Stavlas**  
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**Georgios Thivaos**  
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Hospital, Athens, Greece

**Anastasia Tilentzoglou**  
Professor, National Kapodistrian University of  
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KAT General Hospital of Attica, Athens, Greece

**Nikolaos Zacharakis**  
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2<sup>nd</sup> Orthopaedic Department, "G. Gennimatas"  
General Hospital, Athens, Greece

Organizers



# General Information

## Venue



**ANATOMY TECHNIQUES AND TRAINING CENTER.** The ATT Center is dedicated to practical courses on all ranges of the medical sector, as well as surgical techniques on cadavers. The facility offers surgeons of all medical specialties and nurses the most suitable space and equipment for developing and expanding their medical and surgical experience. The Centre covers 1000 m<sup>2</sup>, has 2 laboratories with a total of 18 working stations, a conference hall located on the second floor that can accommodate up to 100 people and fully equipped separate seminar rooms

## Official Language

English is the official language of the course. There will be no simultaneous translation.

## Secretariat Operating Hours

Saturday 5 September 2026	08.00 - 17.00
Sunday 6 September 2026	08.30 - 16.30

## Admission Badges

The badge should be worn by all participants and members of the faculty, at all times during the course

## Certificate of Attendance

Participants can receive their certificate of attendance via email. To receive the certificate of attendance it is mandatory for each participant to complete the evaluation sent to them via email by the secretariat.

## Climate and Clothing

During September, the temperature in Athens ranges from 28 to 35 degrees Celsius (83 F to 95 F) and is getting cooler during the nights. The dress code is of individual choice and variable, from casual to sporty, according to personal preference.

## Electrical Supply

Voltage in Greece is 220 V, at a frequency of 50 Hz. Plugs are continental style, two-pin. A plug adaptor should be taken along incompatible electric / electronic gadgets to be used.

## Emergencies

Whilst in Greece, you may seek any help you might need (police, ambulance, fire brigade, coast guard) by ringing the number 112, from anywhere in Greece. The number is answered by English-speaking staff and may be dialed from public telephones or mobile telephones.

Please note, the registration fee does not include medical or any other insurance. In emergency cases, medical services in Greece will be provided at nominal fees, under the National Health Service auspices. However, no transportation to the delegate's home country would be provided.

In case of emergencies, please talk to members of the organizing committee or the course secretariat for immediate attendance.

Organizers





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