

SCIENTIFIC PROGRAM





Μπεμπέκος Γεώργιος

ΙΑΤΡΙΚΑ ΕΙΔΗ

1st Orthopaedic Department

General Hospital of "G. Gennimatas"

Athens, Greece

and Sport Orthopaedics Clinic

Metropolitan Hospital Athens, Greece

WHAT I SHOULD AND SHOULDN'T DO

in my first ACL and MENISCUS repair

mcrease efficiency in your practice



26 FEBRUARY 2022

07:00	welcome Collee Registration
09:30 - 11:15	Theoretical Session
09:30 - 09:40	My first arthroscopic surgeries - What do I need to know? P. Nikolaou
09:40 - 09:50	Anatomy - Biomechanics of ACL K. Kateros
09:50 - 10:00	Graft Selection in anterior cruciate ligament reconstruction A. Tokis
10:00 - 10:10	Tendon Autograft Harvest for ACL Reconstruction - How to do it D. Alexakis
10:00 - 10:20	Anatomical ACL reconstruction with Autograft Step by step surgical technique P. Kouloumentas
	Meniscus: Anatomy, Pathophysiology and Imaging V. Sakellariou
10:30 - 10:40	Meniscus tears: All inside repair, Outside repair, step BY step surgical technique K. Kokorogiannis
10:40 - 10:50	Return-to-Sport after ACL with Meniscal Repair - Rehabilitation Protocol E. Papadakou
	Discussion
11:15 - 11:30	Coffee Break
11:30 - 11:45	Hall Changing for Hands-on session
11:45 - 14:45	Hands - On Session
14:45 - 15:45	Light Lunch

WHAT I SHOULD AND SHOULDN'T DO

in my first ACL and MENISCUS repair



FACULTY

Dimitris Alexakis

Head of Orthopaedic Department, Euroclinic, Athens, Greece

Konstantinos Kateros

MD, MSc, PhD, Orthopaedic Surgeon Director, 1st Orthopaedic Department "G. Gennimatas" General Hospital, Athens, Greece

MD, PhD, Chief of 5th Orthopedic Department, KAT General Hospital, Athens, Greece

Panagiotis Kouloumentas

Orthopaedic Surgeon, Director of Orthopaedic Department Metropolitan General Hospital, Athens, Greece

Pantelis Nikolaou

MD, PhD, Orthopaedic Surgeon, Chief in Surgeon Department of Orthopaedics, Sports Medicine Section, Athens Medical Center

Evgenia Papadakou

MD, PhD Orthopedic Surgeon, Head of Sport Injuries Department, KAT General Hospital, Athens, Greece

Vasilios Sakellariou

MD, MSc, PhD, Director of Orthopedic Department, Athens Medical Center, Amarousion, Greece

Anastasios Tokis

Orthopaedic Surgeon, Chief of Orthopaedic Department Metropolitan General Hospital, Athens, Greece

