

Organizer

OSTEON  
EDUCATION CENTER

Co-Organizer



ATHENS  
MEDICAL  
GROUP

40 YEARS  
ALWAYS ONE STEP  
AHEAD

the  
**OSTEON ORTHO  
& SPINE COURSE**  
3<sup>rd</sup> Annual Hands-On Course

12-13  
SEPTEMBER  
2025

AITC

VENUE

▲ 35 Sorou Str., Maroussi, Athens - Greece T +302106109992 • E op@attcenter.eu • W www.attcenter.eu



**12-13  
SEPTEMBER  
2025**

# the OSTEON ORTHO & SPINE COURSE

**3<sup>rd</sup> Annual Hands-On Course**

**ATTC**

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## SHOULDER / KNEE PROGRAM

DAY 1/12 September 2025

08:00 - 08:45      Registration  
Welcome Coffee

08:45 - 11:00      Hands – On Session – 8 Working Stations Shoulder & Knee | Basic  
Arthroscopy | Vesalius Lab **LEVEL 0**

Introduction

Shoulder Arthroscopy: Basic anatomy and arthroscopic portals  
**I. Ntisis**

Knee Basic Arthroscopic Portals  
**A. Piskopakis**

### Instructors

Shoulder Stations:      **I. Galanopoulos, G. Mazis, I. Ntisis**

- Shoulder Arthroscopy
- Basic Anatomy and arthroscopic portals

Knee Stations:      **T. Kostakos, A. Kourtis, A. Piskopakis**

- Basic Anatomy
- Arthroscopic Portals

11:00 – 11:10      Coffee Break | Aula Hall **LEVEL 2**

11:10 - 12:05      Cartilage Repair | Aula Hall **LEVEL 2**

Moderators:      **N. Piskopakis, V. Sakellariou**

11:10 – 11:18      Innovative Techniques in Cartilage Repair: A Review of Microfracture  
and Autologous Chondrocyte Implantation (ACI)  
**P. Kouloumentas**

11:18 – 11:26      The Role of Stem Cell Therapy in Cartilage Regeneration: Current  
Evidence and Future Directions  
**A. Tokis**

11:26 – 11:34      Minced cartilage implantation for knee chondral lesions  
**M. Savvidis**

## SHOULDER / KNEE PROGRAM

DAY 1/12 September 2025

11:34 – 11:42 Navigating the Challenges of Cartilage Lesions in the Athlete: Current Trends in Management and Rehabilitation  
**N. Piskopakis**

11:42 – 11:50 Discussion

**11:50 - 12:10 Treatment of the Biceps with Concomitant Superior Rotator Cuff Tears |**  
**Aula Hall LEVEL 2**

Moderators: **E. Fandridis, P. Pantos**

11:50 – 11:55 Tenotomy alone is enough  
**I. Galanopoulos**

11:55 – 12:00 Tenotomy and Tenodesis where is it better?  
**G. Mazis**

12:00 – 12:05 Slap lesions Repair or Tenodesis  
**G. Panagopoulos**

12:05 – 12:10 Discussion

**12:10 - 12:40 Shoulder Instability without or with Minimal glenoid bone loss– What's the best approach? | Aula Hall LEVEL 2**

Moderators: **G. Arealis – F. Giannoulis**

12:10 – 12:15 Only Bankart is enough  
**E. Fandridis**

12:15 – 12:20 Bankart plus Remplissage  
**I. Kotsalis**

12:20 – 12:25 ASA is the way to go  
**C. Koukos**

12:25 – 12:30 Latarjet is the best option.  
**A. Boutsides**

12:30 – 12:40 Discussion





## SHOULDER / KNEE PROGRAM

DAY 1/12 September 2025

|                    |   |
|--------------------|---|
| 12:40 - 12:50      | Type 3 AC Joint Dislocation   Aula Hall <b>LEVEL 2</b>                                |
| <u>Moderators:</u> | C. Koukos – G. Panagopoulos   |
| 12:40 – 12:45      | Conservative is the best option<br>G. Arealis   |
| 12:45 – 12:50      | Fix it immediately<br>F. Giannoulis   |
| 12:50-13:00        | Discussion  |
| 13:00 - 14:30      | Hands – On Session – 8 Working Stations Shoulder & Knee   Vesalius Lab <b>LEVEL 0</b> |

### Instructors

|                           |   |
|---------------------------|---|
| <u>Shoulder Stations:</u> | A. Boutsides, F. Giannoulis, C. Koukos, G. Mazis <ul style="list-style-type: none"><li>▪ Shoulder Instability</li><li>▪ Bankart</li><li>▪ Remplissage</li><li>▪ ASA</li></ul> |
|---------------------------|---|

|                       |  |
|-----------------------|--|
| <u>Knee Stations:</u> | P. Kouloumentas, M. Savvidis, A. Tokis <ul style="list-style-type: none"><li>▪ Cartilage defects</li><li>▪ Autologous transplantation</li><li>▪ Mosaicplasty</li></ul> |
|-----------------------|--|

# OSTEON

  
ORTHOPEDIC & SPINE CLINIC **PRO**

DAY 1/12 September 2025

|                    |  |
|--------------------|--|
| 16:00 - 19:00      | Osteon Pro Session   <b>Iatriko Kefalari</b>   |
| <u>Moderators:</u> | G. Mazis, P. Pantos  |
| 16:00 – 16:12      | Athlete's Heart<br>A. Kasiakogias  |
| 16:12 – 16:24      | MR imaging of muscle injury in the elite athlete<br>G. Michailidis                     |
| 16:24 – 16:36      | Shoulder pain in the overhead athlete<br>Z. Kokkalis                                   |
| 16:36 – 16:48      | Management of the first-time anterior shoulder dislocation in athletes<br>P. Pantos    |
| 16:50 – 17:00      | Coffee Break   |
| 17:00 - 19:00      | Osteon Pro Session   <b>Iatriko Kefalari</b>   |
| <u>Moderators:</u> | P. Nikolaou, V. Sakellariou  |
| 17:00 – 17:12      | Criteria for RTP following a hamstring injury in professional football<br>K. Tsapralis |
| 17:12 – 17:24      | ACL surgery for football players<br>P. Nikolaou  |
| 17:24 – 17:36      | Recovery path Following ACL injury for football players<br>C. Theos                    |
| 17:36 – 17:48      | ACL tear in the low demand patients<br>V. Sakellariou                                  |
| 17:50 – 18:00      | Coffee Break   |

# OSTEON

  
ORTHOPEDIC & SPINE CLINIC **PRO**

DAY 1/12 September 2025

|                      |  |
|----------------------|--|
| <b>18:00 - 19:00</b> | <b>Osteon Pro Session   Iatriko Kefalari</b>   |
| <u>Moderators:</u>   | <b>K. Starantzis, V. Vougioukas</b>  |
| <b>18:00 – 18:12</b> | Treatment algorithm of the lumbar disc herniation in the elite athlete<br><b>V. Vougioukas</b>         |
| <b>18:12 – 18:24</b> | The management of acute spondylolysis in the high potential adolescent athlete<br><b>K. Starantzis</b> |
| <b>18:24 – 18:36</b> | Sports Hernia<br><b>K. Konstantinidis</b>  |
| <b>18:36 – 18:48</b> | FAI in football players<br><b>L. Poultsides</b>  |
| <b>18:48 – 19:00</b> | Osteoarthritis in the young athlete: evidence-based treatment options<br><b>T. Totlis</b>              |
| <b>19:00 – 19:12</b> | Ambulatory Surgery Centers in Greece. Is it feasible?<br><b>T. Chamakiotis</b>                         |
| <b>19:15 – 19:30</b> | Opening Ceremony<br>Welcome Addresses  |



## SHOULDER / KNEE PROGRAM

DAY 2/13 September 2025

|                      |   |
|----------------------|---|
| <b>09:00 - 09:40</b> | <b>Rotator Cuff Tears   Aula Hall LEVEL 2</b>   |
| <u>Moderators:</u>   | <b>I. Chiotis – A. Leonidou</b>   |
| 09:00 - 09:08        | RC tears from my perspective<br><b>E. Antonogiannakis</b>                                       |
| 09:08 - 09:16        | Partial thickness rotator cuff tears. Treatment options<br><b>A. Leonidou</b>                   |
| 09:16 - 09:24        | Subscapularis tears – Pattern recognition and tips and tricks for repair<br><b>I. Chiotis</b>   |
| 09:24 - 09:32        | PS tears. Single, double row, transosseous. Which are the trends in 2025;<br><b>A. Gkantsos</b> |
| 09:32 - 09:40        | Discussion  |
| <b>09:40 - 10:20</b> | <b>Current Concepts in TKA   Aula Hall LEVEL 2</b>  |
| <u>Moderators:</u>   | <b>A. Tokis, T. Totlis</b>  |
| 09:40 - 09:48        | The role of AI in TKA<br><b>M. P. Sava</b>  |
| 09:48 - 09:56        | PSI & Custom Total Knee Arthroplasty.<br><b>E. Gakis</b>  |
| 09:56 - 10:04        | Robotics in Total Knee Arthroplasty<br><b>T. Kostakos</b>                                       |
| 10:04 - 10:12        | The use of AI in the preoperative planning of TKA<br><b>P. Megalooikonomos</b>                  |
| 10:12 - 10:20        | Discussion  |
| <b>10:20 – 10:30</b> | <b>Coffee Break   Aula Hall LEVEL 2</b>   |



## SHOULDER / KNEE PROGRAM

DAY 2/13 September 2025

10:30 - 13:00 Hands – On Session – 8 Working Stations Shoulder & Knee | Vesalius Lab **LEVEL 0**

### Instructors

Shoulder Stations: I. Chiotis, A. Gkantsos, A. Leonidou

- Rotator Cuff Repair

Knee Stations: E. Gakis, P. Megalooikonomos, A. Tokis, V. Sakellariou

- Kinematic Alignment TKA Microport
- Pixee AR
- Naviswiss
- Robotics

13:00 – 14:00 Lunch Break | Aula Hall **LEVEL 2**

14:00 - 14:45 Shoulder Common Pathologies | Aula Hall **LEVEL 2**

Moderators: G. Mazis - P. Pantos

14:00 – 14:08 Latissimus dorsi transfer for irreparable rotator cuff tears  
*My experience*  
A. Kaisidis

14:08 – 14:16 Proximal humerus fractures, Treatment algorithm in 2025  
I. Polyzois

14:16 – 14:24 Tips for a perfect implant position in reverse shoulder arthroplasty  
D. Alexakis

14:24 – 14:34 MagnetOs: How Surface Technology and Osteoinduction Drive Clinical Impact in Orthopedic Surgery  
A. Angelopoulos

14:34 – 14:50 Discussion



## SHOULDER / KNEE PROGRAM

DAY 2/13 September 2025

**14:50 - 15:40**

**Current Concepts in Revision TKA | Aula Hall LEVEL 2**

Moderators:

**K. Kateros, V. Sakellariou**

14:50 - 14:58

How can the anesthesiologist make the life of the surgeon easier?  
**E. Kanellopoulos**

14:58 - 15:06

Implant removal of a well fixed TKA  
**K. Kateros**

15:06 - 15:14

Metaphyseal fixation during revision TKA  
**F. Benazzo**

15:14 - 15:22

Complications of extensor mechanism of the knee following TKA  
**N. Christodoulou**

15:22 - 15:30

To hinge or not in revision TKA  
**V. Bitounis**

15:30 – 15:40

Discussion

**15:40 - 18:40**

**Hands – On Session – 8 Working Stations Shoulder & Knee | Vesalius Lab LEVEL 0**

**Instructors**

Shoulder Stations:

**D. Alexakis, G. Mazis, P. Pantos, I. Polyzois**

- Reverse Shoulder Arthroplasty

Knee Stations:

**F. Benazzo, N. Christodoulou, G. Macheras, V. Sakellariou**

- Revision TKA
- Implant removal
- Ultrasound devices
- Metaphyseal fixation

## SPINE PROGRAM

DAY 1/12 September 2025

08:15 - 09:00      Registration  
Welcome Coffee

**09:00 - 10:15**      Management of non-cancerous Intradural Pathology | Aula Hall **LEVEL 2**  
Moderators:      P. Spinos – V. Vougioukas

09:00 – 09:20      Idiopathic spinal cord herniation  
V. Vougioukas

09:20 – 09:40      Vascular malformations of the spine and spinal cord  
S. Lafazanos

09:40 – 10:00      Diagnosis & Operative Management of Spontaneous Intracranial  
Hypotension (SIH)  
I. Vasilikos

10:00 - 10:15      Discussion

**10:15-10:30**      Coffee Break | Aula Hall **LEVEL 2**

**10:30 - 13:00**      Hands-On Session - 4 Working Stations | Vitruvian Lab  
**LEVEL -1**

Instructors

- Tubular Microdiscectomy  
G. Papadimitriou, G. Ntais
- Endoscopic Discectomy  
N. Karagiorgos, D. Papageorgiou
- Dural Tear repair  
S. Lafazanos, I. Vasilikos
- ALIF  
E. Papadopoulos, P. Spinos

**13:00 – 14:30**      Hot debates in spinal surgery | Aula Hall **LEVEL 2**  
Moderators:      P. Zouboulis – P. Nomikos

13:00 – 13:20      Tubular Microdiscectomy **Vs** Endoscopic Discectomy  
V. Vougioukas **Vs** D. Papageorgiou

13:20 – 13:30      Discussion and Voting



## SPINE PROGRAM

DAY 1/12 September 2025

|               |   |
|---------------|---|
| 13:30 – 13:50 | Laminoplasty Vs 3 level ACDF for multi-level cervical myelopathy<br>E. Papadopoulos Vs P. Nomikos |
| 13:50 – 14:00 | Discussion and Voting   |
| 14:00 – 14:20 | Anterior Release Vs Pre-op skeletal traction for extreme scoliosis<br>K. Starantzis Vs C. Zafiris |
| 14:20 – 14:30 | Discussion and Voting   |

# OSTEON

  
ORTHOPEDIC & SPINE CLINIC **PRO**

DAY 1/12 September 2025

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|----------------------|---|
| <b>16:00 - 19:00</b> | <b>Osteon Pro Session   Iatriko Kefalari</b>  |
| <u>Moderators:</u>   | G. Mazis, P. Pantos   |
| <b>16:00 – 16:12</b> | Athlete's Heart<br><b>A. Kasiakogias</b>  |
| <b>16:12 – 16:24</b> | MR imaging of muscle injury in the elite athlete<br><b>G. Michailidis</b>                     |
| <b>16:24 – 16:36</b> | Shoulder pain in the overhead athlete<br><b>Z. Kokkalis</b>                                   |
| <b>16:36 – 16:48</b> | Management of the first-time anterior shoulder dislocation in athletes<br><b>P. Pantos</b>    |
| <b>16:50 – 17:00</b> | <b>Coffee Break</b>   |
| <b>17:00 - 19:00</b> | <b>Osteon Pro Session   Iatriko Kefalari</b>  |
| <u>Moderators:</u>   | P. Nikolaou, V. Sakellariou   |
| <b>17:00 – 17:12</b> | Criteria for RTP following a hamstring injury in professional football<br><b>K. Tsapralis</b> |
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| <b>17:36 – 17:48</b> | ACL tear in the low demand patients<br><b>V. Sakellariou</b>                                  |
| <b>17:50 – 18:00</b> | <b>Coffee Break</b>   |



# OSTEON

ORTHOPEDIC & SPINE CLINIC

# PRO

DAY 1/12 September 2025

|                    |   |
|--------------------|---|
| 18:00 - 19:00      | Osteon Pro Session   <b>Iatriko Kefalari</b>  |
| <u>Moderators:</u> | K. Starantzis, V. Vougioukas  |
| 18:00 – 18:12      | Treatment algorithm of the lumbar disc herniation in the elite athlete<br>V. Vougioukas         |
| 18:12 – 18:24      | The management of acute spondylolysis in the high potential adolescent athlete<br>K. Starantzis |
| 18:24 – 18:36      | Sports Hernia<br>K. Konstantinidis  |
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| 18:48 – 19:00      | Osteoarthritis in the young athlete: evidence-based treatment options<br>T. Totlis              |
| 19:00 – 19:12      | Ambulatory Surgery Centers in Greece. Is it feasible?<br>T. Chamakiotis                         |
| 19:15 – 19:30      | Opening Ceremony<br>Welcome Addresses   |



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## SPINE PROGRAM

DAY 2/13 September 2025

**09:00 - 11:00** Hands-On Session - 4 Working Stations | Vitruvian Lab  
**LEVEL -1**

- Navigated Screws  
P. Angourakis, P. Zouboulis
- Robotic Screws  
K. Starantzis, G. Papadimitriou
- XLIF  
P. Annis, G. Ntais
- MIS TLIF  
G. Ntais, V. Vougioukas

**10:45 – 11:00** Coffee Break | Aula Hall **LEVEL 2**

**11:00 – 13:00** Key topics on Sagittal Imbalance | Aula Hall **LEVEL 2**

Moderators: K. Starantzis, E. Papadopoulos

11:00 – 11:30 Sagittal Balance – The Holy Grail  
P. Annis

11:30 – 12:00 Prevention of Iatrogenic Sagittal Imbalance  
V. Lykomitros

12:00 – 12:30 Sagittal Imbalance Correction Strategy  
K. Starantzis

12:30 – 13:00 Prevention and management of complications in sagittal correction surgery  
E. Papadopoulos

13:00 – 13:30 Case Based Discussion

13:30 – 13:40 MagnetOs: The Clinical Impact of Surface Innovation and Osteoinduction  
A. Angelopoulos

**13:40 – 14:30** Lunch Break | Aula Hall **LEVEL 2**



## SPINE PROGRAM

DAY 2/13 September 2025

**14:30 – 16:30** Hands-On Session - 4 Working Stations | Vitruvian Lab  
**LEVEL -1**

- ACDF  
P. Stavrinou, S. Papastefanou
- TDR  
A. Brotis, J. Tsiganos
- Laminoplasty  
K. Starantzis, E. Papadopoulos
- Lege Artis Grafting Technique  
TBA, G. Papadimitriou

**16:40 – 18:00** Case Based Discussions – Problem Solving Discussion Groups | Aula  
 Hall **LEVEL 2**

Moderators: S. Papastefanou, P. Stavrinou

Group A Lead: A. Brotis

Group B Lead: P. Stavrinou

Group C Lead: S. Papastefanou

Group D Lead: J. Tsiganos

**16:30 – 17:00** Presentation Case 1  
 Discussion & Voting

**17:00 – 17:30** Presentation Case 2  
 Discussion & Voting

**17:00 -18:00** Presentation Case 3  
 Discussion & Voting

**18:00** Adjourn

## FACULTY LIST

|            |                 |   |
|------------|-----------------|---|
| Dimitris   | Alexakis        | Director of Orthopaedics and Sports Injuries Department, Athens Euroclinic, Greece  |
| Pavlos     | Angourakis      | Spine Orthopedic Surgeon, Clinic of Spinal Deformities, Metropolitan Hospital, Athens, Greece   |
| Prokopis   | Annis           | Consultant Spinal Surgeon, The Walton Centre NHS Foundation Trust, Liverpool, UK  |
| Emmanouil  | Antonogiannakis | MD, Orthopaedic Surgeon, Director, 3rd Orthopaedic Department, Hygeia Hospital, Athens, Greece  |
| George     | Arealis         | MD, PhD, FRCS, Consultant Trauma & Orthopaedic Surgeon, East Kent Hospitals University NHS Foundation Trust, UK<br>Visiting Professor, Faculty of Medicine, Health and Social Care Canterbury Christ Church University, UK      |
| Francesco  | Benazzo         | Orthopedic Surgeon<br>Chairman, Clinica Ortopedica e Traumatologica University of Pavia since 2002<br>Full professor of orthopedics and traumatology since 2000<br>Member of the Fondazione IRCCS Policlinico San Matteo, Pavia |
| Vasileios  | Bitounis        | MD Bristol, FRCSEd, PhD, Orthopaedic Surgeon, Director of the International Center for Hip and Knee Arthroplasty, Athens Medical Center, Greece   |
| Achilleas  | Boutsiadis      | MD, PhD, Military Orthopaedic Surgeon, 401 General Military Hospital of Athens, Bioclinic of Athens, Greece   |
| Alexandros | Brotis          | MD, MSc, PhD, Assistant Professor of Neurosurgery, University of Thessaly, General University Hospital of Larissa, Greece   |
| Theodoros  | Chamakiotis     | President of Hellenic Private Hospitals Association (SEK),<br>General Manager of Athens Medical Center – Psychiko Clinic  |
| Ioannis    | Chiotis         | MD, PhD, MSc, Orthopaedic Surgeon, Consultant of 3rd Orthopaedic Department, Hygeia Hospital, Athens, Greece  |
| Nikolaos   | Christodoulou   | MD, PhD, Orthopaedic Surgeon, Director of Orthopaedic Department, Athens Medical Group - Psychiko Clinic, Greece  |
| Emmanouil  | Fandridis       | Orthopaedic Surgeon, Director, Hand-Upper Limb & Microsurgery Department, KAT General Hospital, Athens, Greece, President of the Hellenic Hand Surgery and Upper Limb Society 2023, Athens, Greece                              |
| Evangelos  | Gakis           | Orthopaedic Surgeon, Director of Orthopedic Clinic, Athens Medical Center, Psychiko Clinic, Greece  |



|              |                |  |
|--------------|----------------|--|
| Ilias        | Galanopoulos   | MD, PhD, Consultant Orthopaedic Surgeon<br>2nd Department of Orthopaedics, 401 General Military Hospital of Athens, Greece   |
| Filippos     | Giannoulis     | MD, Ph.D<br>Director, Hand, Upper Extremity and Microsurgery Department,<br>"Hygeia" Hospital, Athens, Greece  |
| Apostolos    | Gkantsos       | MD, PhD,<br>Orthopaedic Surgeon, Senior Consultant, General Hospital of Naousa, Greece   |
| Aristotelis  | Kaisidis       | Director of the Shoulder Surgery Clinic, Frankfurt Red Cross Clinics<br>Clinic Maingau, Granfurt, Germany  |
| Ilias        | Kanellopoulos  | MD, PhD, Anaesthesiologist, Athens Medical Center, Greece  |
| Nikolaos     | Karageorgos    | Neurosurgeon, Director of Neurosurgery Clinic, Athens Medical Center, Greece   |
| Konstantinos | Kateros        | MD, MSc, PhD, Orthopaedic Surgeon<br>Director, 1st Orthopaedic Department "G.Gennimatas" General Hospital, Athens, Greece  |
| Zinon        | Kokkalis       | MD, PhD, Associate Professor of Orthopaedic Surgery<br>School of Medicine, University of Patras, Greece  |
| Konstantinos | Konstantinidis | Scientific Director, Director of the Department of General, Laparoscopic, Oncological and Robotic Surgery, Athens Medical Center, Greece   |
| Thomas       | Kostakos       | MD, FRCS (Tr&Orth)<br>Consultant Trauma & Orthopaedic Surgeon<br>Athens Medical Center   |
| Ioannis      | Kotsalis       | MD, Orthopaedic Surgeon, 1st Orthopaedic Department, Athens General Hospital "G. Genimmas", Greece   |
| Christos     | Koukos         | Head of Special Sports Surgery Department, St. Josef Hospital Wuppertal, Germany   |
| Panagiotis   | Kouloumentas   | Orthopaedic Surgeon, Director Athens Sport Orthopedic, Clinic of Orthopedics and Sport Orthopedics, Metropolitan Hospital, Athens, Greece  |
| Aristotelis  | Kourtis        | Consultant Orthopedic Surgeon, Athens Medical Centre, Athens, Greece<br>Honorary Consultant,<br>Nuffield Orthopedic Centre, Oxford, U.K.<br>Honorary Consultant, Southmead Hospital, Bristol, U.K.<br>Honorary Lecturer, University of Bristol, U.K. |
| Spyros       | Lafazanos      | Colonel Neurosurgeon, Director of Neurosurgical Clinic, 417 NIMTS Veterans Fund Army Hospital, Athens  |
| Andreas      | Leonidou       | MSc, PhD, FRCS (Tr & Orth), Director of Department of Minimally Invasive Orthopaedic Surgery, Athens Medical Centre, Greece  |
| Vasilis      | Lykomitros     | Consultant Spinal Surgeon, Euromedica Hospital, Thessaloniki, Greece   |

|            |                 |   |
|------------|-----------------|---|
| Giorgos    | Mazis           | MSc, PhD, FEBOT, Director Orthopedic Surgeon<br>Head of Upper Extremity (Shoulder & Elbow) and Hand Extremity Surgery<br>Department, Athens Medical Center, Paleo Faliro,<br>Associate of the Upper Extremity Surgery Department and Head of the Hand<br>Extremity Department at "OSTEON" Orthopedic Clinic, Athens, Greece |
| Panagiotis | Megalooikonomos | MD, MSc, PhD<br>Assistant Professor of Orthopedics<br>Hip and Knee Reconstruction, First Department of Orthopaedic Surgery<br>National and Kapodistrian University of Athens<br>Attikon University General Hospital<br>Athens, Greece   |
| George     | Michailidis     | Radiologist, Supervisor of the Department of Computed Tomography &<br>Magnetic Resonance Imaging, Athens Medical Center   |
| Pantelis   | Nikolaou        | MD, PhD.<br>Orthopaedic Surgeon, Director, Orthopaedic Clinic, Division Sports Medicine,<br>Athens Medical Center, Amarousio, Greece  |
| Panagiotis | Nomikos         | Director, 1 <sup>st</sup> Department of Neurosurgery, Hygeia Hospital, Athens, Greece   |
| George     | Ntais           | Neurosurgery Consultant, Minimally Invasive Clinic, Athens Medical Center,<br>Greece  |
| Ilias      | Ntisios         | Orthopaedic Surgeon, Sports Physician, Psychiko Medical Center, Greece  |
| George     | Panagopoulos    | Consultant Upper Limb Surgeon<br>Athens Medical Center, Greece  |
| Panagiotis | Pantos          | MD, MSc, PhD, Orthopaedic Surgeon, Director of the Upper Limb Unit , Osteon<br>Orthopedic Clinic at Athens Medical Center, Greece   |
| Giorgos    | Papadimitriou   | MD, MSc, FEBOT, Consultant Orthopaedic Surgeon, Athens Medical Center,<br>Osteon Clinic, Greece   |
| Elias      | Papadopoulos    | Spine/ Scoliosis Surgeon<br>Chief of Spine Service, Hygeia Hospital<br>Asst. Professor, Orthopedic Department<br>University of Athens, School of Medicine, Greece   |
| Dimitris   | Papageorgiou    | Consultant Neurosurgeon, Head of Department of Minimal Invasive<br>Neurosurgery at Euroclinic Athens<br>251 General AirForce Hospital, Athens, Greece   |
| Sotiris    | Papastefanou    | MD, BC(Orth), PhD, Spine Surgeon – Orthopedic, Director of the Spinal<br>Institute Column,<br>Partner Medical Center and Paediatrics of Athens, Children's Hospital "Mitera",<br>Athens, Greece   |
| Andreas    | Piskopakis      | Orthopaedic Surgeon, Co Director of Orthopaedics and Sports Medicine,<br>Athens Medical Center, Greece  |
| Nikolaos   | Piskopakis      | MD, PhD, Director, Department of Orthopaedics and Sports Medicine, Athens<br>Medical Center, Greece   |

|              |             |  |
|--------------|-------------|--|
| Ioannis      | Polyzois    | MBCHB FRCS FEBOT, Consultant Trauma and Orthopaedic Surgeon, Shoulder and Upper Limb Specialist, Athens Interbalkan Medical Center, Greece   |
| Lazaros      | Poultides   | Assistant Professor of Orthopaedics, Aristotle University of Thessaloniki, Greece  |
| Vasilis      | Sakellariou | MD, MSc, PhD<br>Director of Orthopedic Department Athens Medical Center, Amarousion, Greece  |
| Manuel Paul  | Sava        | Resident in Orthopaedic Surgery, Spital Limmattal, Schlieren, Switzerland.   |
| Mathaios     | Savvidis    | MD, PhD Orthopedics & Trauma Surgeon, Deputy Director 2nd Orthopedic Unit, 424 General Military Hospital, Thessaloniki, Greece   |
| Panagiotis   | Spinis      | MD-PhD/Patras University<br>Consultant Neurosurgeon-Spinal Surgeon/ Neurosurgical Department, General Hospital of Patras "St Andrew's", Greece<br>F.Consultant Spinal Surgeon/ Basildon University Hospital and Woodthorpe Hospital, Nottingham, UK<br>Fellowship Trained- Guy's & St Thomas' Hospital London, Walton Neurocentre Liverpool, Salford Royal Hospital Manchester |
| Konstantinos | Starantzis  | Consultant Spine Surgeon<br>Director of Deformity & Complex Spine Surgery Unit<br>Eurospine Surgical Spine Centre of Excellence<br>Athens Medical Center, Founding member of OSTEON Orthopedic & Spine Clinic, Athens, Greece  |
| Pantelis     | Stavrinou   | Director Neurosurgeon, Metropolitan Hospital, Athens, Greece, Assistant Professor, University of Cologne, Germany  |
| Christos     | Theos       | Orthopaedic Surgeon<br>Piraeus Special Orthopaedic Surgery (PirSOS), Metropolitan Hospital, Athens, Greece   |
| Anastasios   | Tokis       | Orthopaedic Surgeon, Chief of Orthopaedic Department Metropolitan General Hospital, Athens, Greece   |
| Trifon       | Totlis      | Orthopaedic Surgeon, Assist. Professor. TheMIS Orthopaedic Center, St. Luke's Hospital, Thessaloniki / Anatomy Dept. School of Medicine, Aristotle University of Thessaloniki, Greece. ESSKA-EKA Early Osteoarthritis Study Group co-Chair   |
| Kiriakos     | Tsapralis   | Sports Medicine Physician<br>Managing Director Isokinetic Athens<br>Isokinetic Medical Group<br>FIFA Medical Centre of Excellence  |
| Dimitris     | Tsiachris   | Ass. Professor of Cardiology, National and Kapodestrian University of Athens<br>EP Lab Director, Athens Medical Center   |
| John         | Tsinganos   | Orthopaedic Surgeon, Athens Medical Center, Greece   |



**12-13  
SEPTEMBER  
2025**

# the **OSTEON ORTHO & SPINE COURSE**

**3<sup>rd</sup> Annual Hands-On Course**

**AITC**

VENUE

A 36 Sorou Str., Maroussi, Athens - Greece T +302106109992 • E op@aitcenter.eu • W www.aitcenter.eu

|            |            |  |
|------------|------------|--|
| Ioannis    | Vasilikos  | PT, MM, MD, PhD<br>Associate Professor of Neurosurgery, University Medical Center of Freiburg<br>Co-Director Laboratory of Experimental Brain & Spine Surgery - LENS-Lab |
| Vasilis    | Vougioukas | Neurosurgeon, Director, Department of Neurosurgery, Athens Medical Center, Greece<br>Associate Professor of Neurosurgery, University of Freiburg, Germany                |
| Christos   | Zafiris    | Associate Director of Spine Clinic, Trauma Scoliosis Center and Spine Oncology, Metropolitan General, Athens, Greece   |
| Panagiotis | Zoumpoulis | Assistant Professor of Orthopaedics, Department of Spinal Deformities, Metropolitan Hospital, Neo Faliro, Greece   |



ACKNOWLEDGMENTS

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# Spine Action



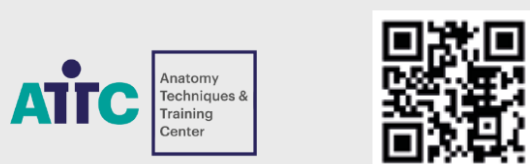
**Pharmaceutical Laboratories S.A.**



## GENERAL INFORMATION

### Venue of the course

ANATOMY TECHNIQUES AND TRAINING CENTER



The ATT Center is dedicated to practical courses on all ranges of the medical sector, as well as surgical techniques on cadavers. The facility offers surgeons of all medical specialties and nurses the most suitable space and equipment for developing and expanding their medical and surgical experience. The Centre covers 1000 m<sup>2</sup>, has 2 laboratories with a total of 18 working stations, a conference hall located on the second floor that can accommodate up to 100 people and fully equipped separate seminar rooms.

### Registration Fee for the course

Lectures Only | 150,00€

**Shoulder** Lectures & Hands on | 600,00€

**Knee** Lectures & Hands On | 600,00€

**Spine** Lectures & Hands On | 1.000,00€

*The registration fee includes: Attendance of the theoretical and hands on session, coffee break & light lunch*

### Secretariat Operating Hours

Friday September 12<sup>th</sup> | 7.30 -14.00 | **ATTC**

Friday September 12<sup>th</sup> | 15.30-19.00| **Athens Medical Center**

Saturday September 13<sup>th</sup> | 8.30 -17.30 | **ATTC**

### Admission Badges

The badge should be worn by all participants and members of the faculty, at all times during the course

### Venue of the Osteon Pro Session

ATHENS MEDICAL CENTER LECTURE HALL



### Registration Fee for the Osteon Pro Session

*The registration fee includes: Attendance of the Osteon Pro Session, coffee break*

### Official Language

English is the official language of the course. There will be no simultaneous translation.

### Certificate of Attendance

Participants can receive their certificate of attendance via email. To receive the certificate of attendance it is mandatory for each participant to complete the evaluation sent to them via email by the secretariat.